



Agging True Meals on Wheels April 2022

Monday	Tuesday	Wednesday	Thursday	Friday
				4/1
We care about you! Call us at (904) 807-1257 to suspend or resume services.				1 Hamburger Patty Baked Beans Sliced Tomato Lettuce Hamburger Bun Mixed Fruit Cobbler Milk Mustard/Catsup
4/4	4/5	4/6	4/7	4/8
4 Chopped Steak/Gravy Delmonico Potatoes Mixed Vegetables Wheat Bread Fruit Cup Milk	5 Lemon Pepper Chicken Whole Kernel Corn Broccoli Dinner Roll Fresh Fruit Calcium Fort OJ	6 Beef Cabbage Casserole Lima Beans Sliced Carrots Wheat Bread Fresh Fruit Milk	7 Chicken Salad Garbanzo Bean Salad Lettuce/ Sliced Tomato Pita Bread Fresh Fruit Calcium Fort OJ Ranch Dressing	8 Turkey Ham Mac & Cheese Black-eyed Peas Turnip Greens Cornbread Fresh Fruit Milk
4/11	4/12	4/13	4/14 - Easter Menu	4/15
11 Chicken Noodle Casserole Whole Kernel Corn Brussels Sprouts Wheat Bread Fruit Cup Milk	12 Creole Meatballs Parslied Rice Peas and Carrots Wheat Bread Fresh Fruit Calcium Fort OJ	13 Mushroom Chicken Northern Beans Mixed Greens Dinner Roll Fresh Fruit Milk	14 Glazed Ham Au Gratin Potatoes Herbed Green Beans Dinner Roll Oreo Cookie (2pk) Calcium Fort OJ	15 CLOSED
4/18	4/19	4/20	4/21	4/22
18 Parmesan Chicken Penne/Tomatoes Green Beans/Red Peppers Dinner Roll Fruit Cup Milk	19 Savory Beef Casserole Green Peas Tossed Salad Wheat Bread Hot Spiced Apples Calcium Fort OJ Ranch Dressing	20 Cheese Omelet Grits Spinach Biscuit Fresh Fruit Milk Assorted Jelly	21 Smothered Chicken Whipped Potatoes Broccoli & Carrots Dinner Roll Fresh Fruit Calcium Fort OJ	22 Taco Meat Pinto Beans Mexican Rice Lettuce and Tomato Shredded Cheese Flour Tortilla Fresh Fruit Milk Taco Sauce
4/25	4/26	4/27	4/28	4/29
25 Beef Italian Mac Butter Beans Dilled Carrots Dinner Roll Fruit Cup Milk	26 Honey Baked Chicken Garlic Whipped Potatoes Spring Vegetables Wheat Bread Fresh Fruit Calc Fort OJ	27 Pork Sausage Mixed Beans Collard Greens Hot Dog Bun Milk Fresh Fruit Mustard	28 Chicken Rice Casserole Italian Green Beans Whole Kernel Corn Wheat Bread Fresh Fruit Calc Fort OJ	29 Smothered Meatballs Rotini Noodles Tuscany Vegetables Dinner Roll Fresh Fruit Milk



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Monday	Tuesday	Wednesday	Thursday	Friday
5/2	5/3	5/4	5/5	5/6
2 Chopped Steak/Gravy Delmonico Potatoes Mixed Vegetables Wheat Bread Fruit Cup Milk	3 Lemon Pepper Chicken Whole Kernel Corn Broccoli Dinner Roll Fresh Fruit Calcium Fort OJ	4 Beef Cabbage Casserole Lima Beans Sliced Carrots Wheat Bread Fresh Fruit Milk	5 Chicken Salad Garbanzo Bean Salad Lettuce/Sliced Tomato Pita Bread Fresh Fruit Calcium Fort OJ Ranch Dressing	6 Turkey Ham/Mac & Cheese Black-eyed Peas Turnip Greens Cornbread Fresh Fruit Milk
5/9	5/10	5/11	5/12	5/13
9 Chicken Noodle Casserole Whole Kernel Corn Brussels Sprouts Wheat Bread Fruit Cup Milk	10 Creole Meatballs Parslied Rice Peas & Carrots Wheat Bread Fresh Fruit Calcium Fort OJ	11 Mushroom Chicken Northern Beans Mixed Greens Dinner Roll Fresh Fruit Milk	12 BBQ Rib Patty Whipped Potatoes Garden Vegetables Dinner Roll Fresh Fruit Calcium Fort OJ	13 Hamburger Patty Baked Navy Beans Sliced Tomato Lettuce Hamburger Bun Mixed Fruit Cobbler Milk Mustard/Ketchup
5/16	5/17	5/18	5/19	5/20
16 Parmesan Chicken Penne/Tomatoes Green Beans/Red Peppers Dinner Roll Fruit Cup Milk	17 Savory Beef Casserole Green Peas Tossed Salad Wheat Bread Hot Spiced Apples Calcium Fort OJ Ranch Dressing	18 Cheese Omelet Biscuit Spinach Grits Fresh Fruit Milk Assorted Jelly	19 Smothered Chicken Whipped Potatoes Broccoli & Carrots Dinner Roll Fresh Fruit Calcium Fort OJ	20 Taco Meat Pinto Beans Mexican Rice Lettuce and Tomato Shredded Cheese Flour Tortilla Fresh Fruit Milk Taco Sauce
5/23	5/24	5/25	5/26	5/27
23 Beef Italian Mac Butter Beans Dilled Carrots Dinner Roll Milk Fruit Cup	24 Honey Baked Chicken Garlic Whipped Potatoes Spring Vegetables Wheat Bread Fresh Fruit Calcium Fort OJ	25 Pork Sausage Mixed Beans Collard Greens Hot Dog Bun Milk Fresh Fruit Mustard	26 Chicken Rice Casserole Italian Green Beans Whole Kernel Corn Wheat Bread Fresh Fruit Calcium Fort OJ	27 Smothered Meatballs Rotini Noodles Tuscany Vegetables Dinner Roll Fresh Fruit Milk
5/30	5/31	<p>We care about you! Call us at (904) 807-1257 to suspend or resume services.</p>		
30 CLOSED	31 Lemon Pepper Chicken Whole Kernel Corn Broccoli Fresh Fruit Dinner Roll Calcium Fort OJ			



Aging True Meals on Wheels June 2022

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We care about you! Call us at (904) 807-1257 to suspend or resume services.		6/1 1 Beef Cabbage Casserole Lima Beans Sliced Carrots Wheat Bread Fresh Fruit Milk	6/2 2 Chicken Salad Garbanzo Bean Salad Lettuce/ Sliced Tomato Pita Bread Fresh Fruit Calcium Fort OJ Ranch Dressing	6/3 3 Turkey Ham Mac & Cheese Black-eyed Peas Turnip Greens Cornbread Fresh Fruit Milk
		6/6 6 Chicken Noodle Casserole Whole Kernel Corn Brussels Sprouts Wheat Bread Fruit Cup Milk	6/7 7 Creole Meatballs Parslied Rice Peas and Carrots Wheat Bread Fresh Fruit Calcium Fort OJ	6/8 8 Mushroom Chicken Northern Beans Mixed Greens Dinner Roll Fresh Fruit Milk
6/13 13 Parmesan Chicken Penne/Tomatoes Green Beans/Red Peppers Dinner Roll Fruit Cup Milk	6/14 14 Savory Beef Casserole Green Peas Tossed Salad Wheat Bread Hot Spiced Apples Calcium Fort OJ Ranch Dressing	6/15 15 Cheese Omelet Grits Spinach Fresh Fruit Biscuit Assorted Jelly Milk	6/16 16 Smothered Chicken Whipped Potatoes Broccoli & Carrots Dinner Roll Fresh Fruit Calcium Fort OJ	6/17 17 Taco Meat Pinto Beans Mexican Rice Lettuce and Tomato Shredded Cheese Flour Tortilla Fresh Fruit Milk Taco Sauce
6/20 20 Beef Italian Mac Butter Beans Dilled Carrots Dinner Roll Fruit Cup Milk	6/21 21 Honey Baked Chicken Garlic Whipped Potatoes Spring Vegetables Wheat Bread Fresh Fruit Calcium Fort OJ	6/22 22 Pork Sausage Mixed Beans Collard Greens Hot Dog Bun Milk Mustard	6/23 23 Chicken Rice Casserole Italian Green Beans Whole Kernel Corn Wheat Bread Fresh Fruit Calcium Fort OJ	6/24 24 Smothered Meatballs Rotini Noodles Tuscany Vegetables Dinner Roll Fresh Fruit Milk
6/27 27 Chopped Steak/Gravy Delmonico Potatoes Mixed Vegetables Wheat Bread Fruit Cup Milk	6/28 28 Lemon Pepper Chicken Whole Kernel Corn Broccoli Dinner Roll Fresh Fruit Calcium Fort OJ	6/29 29 Beef Cabbage Casserole Lima Beans Sliced Carrots Wheat Bread Fresh Fruit Milk	6/30 30 Chicken Salad Garbanzo Bean Salad Lettuce/Sliced Tomato Ranch Dressing Fresh Fruit Pita Bread Calcium Fort OJ	