



# MAY ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
01 board games 9AM bingo 10AM ping pong 12:30PM	02 dominos 9AM computer club 12:30PM	03 board games 9AM bingo 10AM movie day 12:30PM	04 line dancing 10AM bible history 12:30PM	05 cornhole 9AM penny bingo 10AM bingo 12:30PM  RED SHIRT FRIDAY
08 board games 9AM bingo 10AM ping pong 12:30PM	09 dominos 9AM craft class 9AM	10 board games 9AM bingo 10AM	11 dominos 9AM art w/ terry 9:30AM line dancing 10AM bible history 12:30PM	12 cornhole 9AM penny bingo 10AM bingo 12:30PM  RED SHIRT FRIDAY
15 bingo 10AM board games 9AM movie day 12:30PM	16 dominos 9AM computer club 12:30PM	17 board games 9AM haircuts 9AM bingo 10AM poker 1PM	18 dominos 9AM line dancing 10AM bible history 12:30PM	19 cornhole 9AM penny bingo 10AM bingo 12:30PM  RED SHIRT FRIDAY
22 board games 9AM bingo 10AM ping pong 12:30 PM	23 dominos 9AM craft class 9AM computer club 12:30PM	24 board games 9AM bingo 10AM	25 dominos 9AM art w/ terry 9:30AM line dancing 10AM bible history 12:30PM	26 cornhole 9AM bingo 12:30PM  RED SHIRT FRIDAY
29 CLOSED  *** HAPPY *** <b>MEMORIAL Day</b>	30 dominos 9AM arts/crafts 9AM Yahtzee 12:30PM	31 board games 9AM bingo 10AM		

PUZZLES, BOARD GAMES, COLORING & ACTIVITY SHEETS AVAILABLE AT ALL TIMES



ROSEVELT ASBELL - REGINALD WESTBROOK  
LAMAR SMITH

## Activity Descriptions

### RECREATIONAL

#### Dominos

A tile-based game with various forms of play

#### Arts and Crafts

Instruction based crafts taught by Vickie Parker or Sherry Kelly

#### Poker

Lead by Bob Russell, try your hand at a game of poker. Beginner Friendly.

#### Yahtzee

Score points by rolling five dice to make certain combinations. The dice can be rolled up to three times in a turn. A game consists of thirteen rounds.

#### Ping Pong

Two or four players hit a lightweight ball, also known as the ping-pong ball, back and forth across a table using small solid rackets.

#### Corn Hole

A lawn game in which players or teams take turns throwing fabric bean bags at a raised, angled board with a hole in its far end

#### Crafts w/ Lisa

Bring a five dollar donation for the teacher to participate in crafts w/ Lisa

### EDUCATIONAL

#### Bible History

Esteemed author Katie O'Brien will guide you through passages of the bible and the many figures.

#### Technology Classes

Need help with your computer or other smart device? Look for our Labs and trainings and come in for assistance from the pros!

### HEALTH SUPPORT

#### Line Dance

Join Ray Vickerman for a round of line dancing, great for even beginners!

## Special Events

NO SPECIAL EVENTS THIS MONTH

## Holidays this Month

MAY 14th Mother's Day  
MAY 29th Memorial Day - CLOSED



## Site Management

#### KAREN TANNER

Senior Center Supervisor  
(904) 531 - 5022  
KTanner@agingtrue.org

#### BARBARA JIMENEZ

Senior Center Supervisor Assistant  
(904) 531 - 5025  
BJimenez@agingtrue.org



# MAY LUNCH MENU

## Contact Us

### Questions, Comments, Concerns?

#### Please reach out!

604 Walnut Street  
Green Cove Springs, FL.  
32043  
(904) 284 - 3134

#### Hours of Operations

##### Monday - Friday

9:00 AM till 4:30 PM

##### Saturday - Sunday

Office Closed

<http://agingtrue.org/clay-county/>

<http://facebook.com/agingtrue>

## Mission Statement

Aging True Community Senior Services provides essential and innovative services and care for individuals, families and communities throughout Northeast Florida to prepare for and support graceful aging.

## Disclaimer

Meals are served from 12:00 PM - 1:00 PM, Monday - Friday and **require** a 2-day advance reservation. To reserve a meal, please call or stop by your local center to sign up.

Meals must be consumed on site and **may contain or have been exposed to** allergens such as: Dairy, Gluten, Soy, and Shellfish.

Monday	Tuesday	Wednesday	Thursday	Friday
01 salisbury steak delmonico potatoes mixed vegetables dinner roll fruit cup milk	02 lemon pepper chicken rice pilaf broccoli wheat bread fruit cup orange juice	03 beef cabbage casserole lima beans sliced carrots wheat bread fresh fruit milk	04 chicken tetrazinni whole kernel corn green beans dinner roll fresh fruit orange juice	05 turkey ham w/ mac & cheese black eyed peas country vegetables dinner roll fresh fruit milk
06 cheesy meat casserole green beans glazed carrots dinner roll fruit cup milk	09 bbq rib patty whipped potatoes mixed vegetables dinner roll fruit cup orange juice	10 creole meatballs parslied rice green peas wheat bread fresh fruit milk	11 chicken rice casserole whole kernel corn brussels sprouts dinner roll fresh fruit orange juice	12 hamburger patty baked navy beans tomato/lettuce condiments bun fruit crisp milk
15 meatloaf w/ tomato gravy garlic potatoes green beans dinner roll fruit cup milk	16 smothered chicken mixed beans parslied carrots dinner roll fruit cup orange juice	17 savory beef casserole green peas mixed vegetables wheat bread fresh fruit milk	18 tuna mac/cheese whole kernel corn mustard greens dinner roll fresh fruit orange juice	19 smothered meatballs rotini noodles mixed vegetables dinner roll fresh fruit milk
22 italian mac baby lima beans dilled carrots dinner roll fruit cup milk	23 pork sausage kidney beans collard greens bun condiments fruit cup orange juice	24 swiss steak parslied potatoes mixed vegetables wheat bread fresh fruit milk	25 chicken noodle casserole green beans whole kernel corn wheat bread fresh fruit orange juice	26 taco meat / tortilla pinto beans mexican rice letuce/tomato shredded cheese fresh fruit milk
29 CLOSED  <b>*** HAPPY ***</b> <b>MEMORIAL</b> <b>Day</b>	30 lemon pepper chicken rice pilaf broccoli wheat bread fruit cup orange juice	31 beef cabbage casserole lima beans sliced carrots wheat bread fresh fruit milk		

## Fact of the Month

### FACT #1.

.Memorial Day, originally called Decoration Day, began during the American Civil War when citizens placed flowers on the graves of those who had been killed in battle. After World War I, it came to be observed in honor of those who had died in all U.S. wars, and its name changed to Memorial Day.

### FACT #2.

Cinco de Mayo, (Spanish: "Fifth of May") also called Anniversary of the Battle of Puebla, holiday celebrated in parts of Mexico and the United States in honour of a military victory in 1862 over the French forces of Napoleon III.

## Other Locations

### Keystone Heights

125 N.E. Commercial Circle  
Keystone Heights, FL. 32656  
(352) 473 - 7121

### Middleburg

3916 Section Street  
Middleburg, FL. 32068  
(904) 291 - 3520

### Orange Park

414 Stowe Avenue  
Orange Park, FL. 32073  
(904) 269 - 4731

## Other Services

On top of offering recreational, health beneficial, and educational activities at our 4 congregate meal sites across Clay County, Aging True also offers:

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Day Health Services
- Utility Assistance (EHEAP)