





SEPTEMBER ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
CHESS LESSONS WITH TONY EVERY MONDAY AT 1:00				1 Bingo 10:00 Pinochle 9-4:00 Armchair Adventures 1:00
4 	5 Show & Tell 9:30 Bingo 10:00 Bridge 12-4:00	6 Tai Chi 9:00 Arts/Crafts 10:00 Bible History 11:00 Line Dance 1-3:00	7 The Comedy Hour 9:30 Bingo 10 Bridge 12-4:00	8 Pinochle 9-4:00 Bingo 10:00 Comedy Hour Karaoke 1-4:00
11 Tai Chi 9:00 Pinochle 9-4:00 Genealogy 10:00 Clog 10:00 Line Dance 1-3:00	12 say what? best saying on your shirt wins a prize today Bingo 10 Bridge 12	13 Tai Chi 9:00 Arts/Crafts 10:00 Line Dance 1-3:00	14 Bingo 10:00 Bridge 12-4:00 Elaine from Dedicated Sr. Medical Ctr. 9	15 Blood Pressure testing with Kim 9 Bingo 10:00 Pinochle 9-4
18 Tai Chi 9:00 Pinochle 9-4:00 genealogy 10:00 clog 10:00 Line Dance 1-3:00	19 "Mind Matters Planning"-Comunity Hospice-9 Bingo 10 Bridge 12	20 Tai Chi 9:00 Arts & Crafts 10:00 Bible History 11:00 Line Dance 1-3:00	21 Bingo 10:00 Bridge 12-4:00 Puzzles & board games all day	22 Blood Sugar testing at 9 Island Doctors Bingo 10:00 Chair Yoga 1:00
25 Tai Chi 9:00 Pinochle 9-4:00 genealogy 10:00 clog 10:00 Line Dance 1-3:00	26 Show & Tell 9:30 Bingo 10:00 Bridge 12-4:00	27 Tai Chi 9:00 Arts & Crafts 10:00 Line Dance 1-3:00	28 Bingo 10:00 Bridge 12-4:00 Puzzles & board games all day	29 Bingo 10:00 Comedy Hour Karaoke 1-4

SPECIAL EVENTS

Every day at the Orange Park Center is a "special event" ! Come enjoy the fun, companionship, great educational programs, and great food we offer. Come see why your friends and neighbors are inviting you.

BIRTHDAYS

Jean Atkins, Frances Bivens,
Brenda Carmicheal,
Geemu Dolsenhe, Karen
Harlow, Carolyn Jerdine, Jose
Lim, Rosaline Licorich, Daniel
Noel, Sandra Proctor, Ron
Reed, Harleen Sahni, Gloria
Wrightington, Mike Shaw,
John Stillwell, Pat Vanek,
Runa Tobler

MANAGEMENT

Cara Hamill
Senior Center Supervisor
(904) 269-4731
CHamill@agingtrue.org
Peggy Resner
Senior Center Supervisor
Asst.
(904) 269-4731
MResner@agingtrue.org



SEPTEMBER MEAL CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
				1 BBQ Chicken Baked Beans Hashbrown Casserole Dinner Roll Oreo Cookie Milk
4	5 Chicken Noodle AuGratin Corn Green Beans Saltine Crackers Fruit Cup OJ	6 Meatballs/Mushroom Gravy Yellow Rice Mixed Beans Roll Friut Milk	7 Garlic Rosemary Chicken Lima Beans Mustard Greens Wheat Bread Fruit OJ	8 Italian Mac Peas Broccoli & Carrots Wheat Bread Fruit Milk
11 Meatloaf/Brown Gravy Whipped Potatoes Orange Carrots Wheat Bread Fruit Cup Milk	12 Turkey Ham w/White Beans Corn Spring Veggies Roll Fruit Cup OJ	13 Hamburger Patty Baked Pinto Beans Lettuce/Tomato Hamburger Bun Mixed Fruit Cobbler Milk Mustard/Ketchup	14 Smothered Chicken Thigh Confetti Rice Herbed Green Beans Roll Fruit OJ	15 Cheesy Meat Casserole Lima Beans Mixed Greens Roll Fruit Milk
18 Spaghetti & Meatballs Summer Veggies Wheat Bread Fruit Cup Milk	19 Chicken Rice Casserole Green Beans Okra & Tomatoes Roll Fruit Cup OJ	20 BBQ Rib Patty Red Beans & Rice Peas & Carrots Roll Fruit Milk	21 Orange Glazed Chicken Delmonico Potatoes Mixed Veggies Roll Fruit OJ	22 Beef Fiesta Mac Pinto Beans Corn Wheat Bread Fruit Milk
25 Chicken Tetrazinni Glazed Carrots Brussel Sprouts Roll Fruit Cup Milk	26 Pork Sausage Northern Beans California Veggies Hot Dog Bun Fruit Cup OJ	27 Salisbury Beef/Gravy Whipped Potatoes Green Beans Wheat Bread Fruit Milk	28 Turkey Ham Mac & Cheese Black-eyed Peas Collard Greens Roll Fruit OJ	29 Taco Meat/Taco Sauce Pinto Beans Mexican Rice Lettuce/Tomato/Cheese Flour Tortilla Fruit Milk

CONTACT US

Orange Park
414 Stowe Avenue
Orange Park, FL. 32073
(904) 269 - 4731

Hours of Operations

Monday - Friday
8:30 AM till 4:30 PM

Saturday - Sunday
Office Closed



agingtrue.org/clay-county/



facebook.com/agingtrue
2 days notice to reserve lunch

OTHER LOCATIONS

Green Cove Springs
604 Walnut Street
Green Cove Springs, FL 32043
(904) 284 - 3134

Middleburg
3916 Section Street
Middleburg, FL. 32068
(904) 291 - 3520

Keystone Heights
125 NE Commercial Circle
Keystone Heights, FL. 32656
(352) 473 - 7121

OTHER SERVICES

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Day Health Services
- Utility Assistance (EHEAP)