



MARCH ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Exercise Class- 9AM Rummikub- 10AM Line dance- 10:45AM Arts/Crafts- 1PM Bingo- 1PM Pinochle- 12:30PM Exercise Class- 3:30PM
4 Bingo- 10AM Rummikub- 12:30PM	5 Exercise Class 9AM Line Dance Int. 9:30AM Beg. 10:30AM Pokeno 1PM Arts/Crafts 1PM Exercise Class 3:30PM	6 Bingo 10AM Rummikkub 12:30PM Knitting/Crochet 1PM	7 Karaoke 9AM Bible Study- 10:30AM Line dance 1PM	8 Exercise Class- 9AM Rummikub- 10AM Line dance- 10:45AM Arts/Crafts- 1PM Bingo- 1PM Pinochle- 12:30PM Exercise Class- 3:30PM
11 Bingo- 10AM Rummikub- 12:30PM	12 Exercise Class- 9AM Line Dance Int. 9:30AM Beg. 10:30AM Pokeno 1PM Arts/Crafts 1PM Exercise Class 3:30PM	13 Bingo 10AM Rummikkub 12:30PM Knitting/Crochet 1PM	14 Karaoke 9AM Bible Study- 10:30AM Line dance 1PM	15 Exercise Class- 9AM Rummikub- 10AM Line dance- 10:45AM Arts/Crafts- 1PM Bingo- 1PM Pinochle- 12:30PM Exercise Class- 3:30PM
18 Bingo- 10AM Rummikub- 12:30PM	19 Exercise Class 9AM Line Dance Int. 9:30AM Beg. 10:30AM Pokeno 1PM Arts/Crafts 1PM Exercise Class 3:30PM	20 Bingo 10AM Rummikkub 12:30PM Knitting/Crochet 1PM	21 Karaoke 9AM Haircuts 10AM Bible Study- 10:30AM Line dance 1PM	22 Exercise Class- 9AM Rummikub- 10AM Line dance- 10:45AM Arts/Crafts- 1PM Bingo- 1PM Pinochle- 12:30PM Exercise Class- 3:30PM
25 Bingo- 10AM Rummikub- 12:30PM Popcorn & A Movie 12:30PM	26 Exercise Class 9AM Line Dance Int. 9:30AM Beg. 10:30AM Pokeno 1PM Arts/Crafts 1PM Exercise Class 3:30PM	27 Bingo 10AM Rummikkub 12:30PM Knitting/Crochet 1PM	28 Karaoke 9AM Haircuts 10AM Bible Study- 10:30AM Line dance 1PM	29 CLOSED

SPECIAL EVENTS

MAR 4TH - @ 9:30 HEALTHY FOODS

MAR 7TH- @11:30 HOSPICE & PALLIATIVE CARE

MAR 8TH-@ 9:30 TECH ASSISTANCE

MAR 11TH- @ 9:30 BE SALT SMART

MAR 22ND- @ 11:30 DEVOTED

CLIENT BIRTHDAYS

HAPPY BIRTHDAY TO OUR

MARCH BABIES AT

MIDDLEBURG!!!

ENJOY YOUR DAY!

IT'S MY Birthday

MANAGEMENT

PRINCELLA MILLER

Senior Center Supervisor

(904) 291 - 3520

PMiller1@agingtrue.org

Meals are served from 12:00 PM - 1:00 PM, Monday - Friday and require a 2-day advance reservation. To reserve a meal, please call or stop by your local center to sign up.

Meals must be consumed on site and may contain or have been exposed to allergens such as: Dairy, Gluten, Soy, and Shellfish.



MARCH LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				01 HAMBURGER PATTY RANCH BEANS SLICED TOMATO / LETTUCE HAMBURGER BUN MIXED FRUIT CRISP MILK
04 CHICKEN NOODLE CASSEROLE BRUSSELS SPROUTS DILLED CARROTS WHEAT BREAD FRUIT CUP MILK	05 SALISBURY STEAK WHIPPED POTATOES CALIFORNIA VEGETABLES DINNER ROLL FRUIT CUP MILK	06 BARBECUE CHICKEN BAKED NAVY BEANS CABBAGE BUN FRESH FRUIT MILK	07 TURKEY HAM/WHITE BEANS PARSLIED RICE BROCCOLI DINNER ROLL FRESH FRUIT MILK	08 SPAGHETTI CASSEROLE KERNEL CORN ITALIAN VEGETABLES DINNER ROLL FRESH FRUIT MILK
11 BEEF ENCHILADA PIE YELLOW RICE FIESTA VEGETABLES WHEAT BREAD FRUIT CUP MILK	12 CHICKEN-BROCCOLI RICE CASSEROLE GREEN PEAS COUNTRY VEGETABLES DINNER ROLL FRUIT CUP MILK	13 CREOLE MEATBALLS ROTINI NOODLES HERBED GREEN BEANS WHEAT BREAD FRESH FRUIT MILK	14 PORK SAUSAGE LIMA BEANS SUMMER VEGETABLES HOT DOG BUN FRESH FRUIT MILK	15 SHEPHERD'S PIE CABBAGE W/ POTATOES BROCCOLI DINNER ROLL LIME JELL-O MILK
18 CHILI W/ BEANS WHOLE KERNEL CORN PARSLIED CARROTS CRACKERS FRUIT CUP MILK	19 CHICKEN TACOS PINTO BEANS MEXICAN RICE LETTUCE/TOMATO/CHEESE FRUIT CUP MILK	20 BARBECUE RIB PATTY GARLIC POTATOES CABBAGE DINNER ROLL FRESH FRUIT MILK	21 SWISS STEAK PENNE NOODLES OKRA & TOMATOES WHEAT BREAD FRESH FRUIT MILK	22 SMOTHERED CHICKEN BLACK-EYED PEAS COLLARD GREENS WHEAT BREAD FRESH FRUIT MILK
25 MEATBALLS W/ GRAVY KERNEL CORN SPRING VEGETABLES DINNER ROLL FRUIT CUP MILK	26 CHICKEN & DUMPLINGS GREEN PEAS GARDEN VEGETABLES DINNER ROLL FRUIT CUP MILK	27 BEEF NOODLE CASSEROLE GLAZED CARROTS GREEN BEANS WHEAT BREAD FRESH FRUIT MILK	28 GLAZED HAM WHIPPED SWEET POTATOES LYONNAISE GREEN BEANS DINNER ROLL OREO COOKIE MILK	29 CLOSED

CONTACT US

3916 Section Street
Middleburg, FL.
32068
(904) 291 - 3520

Hours of Operations

Monday - Friday
9:00 AM till 4:30 PM

Saturday - Sunday
Office Closed

agingtrue.org/clay-county/

facebook.com/agingtrue

OTHER LOCATIONS

Keystone Heights
125 N.E. Commercial Circle
Keystone Heights, FL. 32656
(352) 473 - 7121

Green Cove Springs
604 Walnut Street
Green Cove Springs, FL. 32043
(904) 284 - 3134

Orange Park
414 Stowe Avenue
Orange Park, FL. 32073
(904) 269 - 4731

OTHER SERVICES

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Day Health Services
- ~~Utility Assistance (EHEAP)~~