

MARCH ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
				 <div>1 Bingo 10:00-12:00 Pinochle 9-4:00 iT Help 9:30 Armchair Adventures 1:00</div>
4 Tai Chi 9:00 Pinochle 9-4:00 Genealogy 10:00 Clog 10:00 Line Dance 1-3:00	5 Healthy Foods 10:00 Bingo 10:00-12:00 Bridge 12-4:00	6 Tai Chi 9:00 Arts & Crafts 10:00 Trauma & Grief II Bible History 11:00 Line Dance 1-3:00	7 Bingo 10:00-12:00 Bridge 12-4:00 UNO, Phase Ten, Pool All Day	8 Bingo 10:00-12:00 Pinochle 9-4:00 SPRING FORWARD ON SUNDAY THE 10TH
11 Tai Chi 9:00 Pinochle 9-4:00 Genealogy 10:00 Clog 10:00 Line Dance 1-3:00	12 Hospice & Pallative Care 9:30 Bingo 10-12:00 Bridge 12-4	13 Tai Chi 9:00 Arts & Crafts 10:00 Salt Smart 11:30 Line Dance 1-3:00	14 Bingo 10:00-12:00 Devoted Health Plan - 10:00 UNO, Phase Ten, Pool All Day	15 Bingo 10:00-12:00 Pinochle 9-4:00 KARAOKE -1-4 Green is in
18 Tai Chi 9:00 Pinochle 9-4:00 Genealogy 10:00 Clog 10:00 Line Dance 1-3:00	19 Bingo 10-12:00 American Cancer Society 11:30 Bridge 12-4	20 Tai Chi 9:00 Arts & Crafts 10:00 Trauma & Grief II Bible History 11:00 Line Dance 1-3:00	21 Personaltiy Of The Month 9:30 Bingo 10-12:00 Bridge 12-4:00	22 Blood Sugar/Pressure testing -9 Bingo 10:00-12:00 Pinochle 9-4:00
25 Tai Chi 9:00 Pinochle 9-4:00 Genealogy 10:00 Clog 10:00 Line Dance 1-3:00	26 SPELLING BEE PRIZE TO WINNER Bingo 10-12:00 Bridge 12-4:00	27 Tai Chi 9:00 Arts & Crafts 10:00 Line Dance 1-3:00	28 Comedy Hour 9:30 Bingo 10:00-12:00 Bridge 12-4:00	29 

BIRTHDAYS



Dennis Blow 3-15, Audrey Both 3-22
Bill Fonferek 3-9, Linda Friend 3-17
Dorothy Meares 3-27,
Annie Robinson 3-14,
Natalie Torrone 3-5
Anna Weidner 3-30

HAPPENINGS

COME LEARN A NEW SKILL.
CHESS LESSONS TAUGHT
EVERY MONDAY BY TONY,
Aging With Grace Summit
Sat. March 9th, 9 to 3
604 Walnut St.
Green Cove Springs

Your management team

Cara Hamill
Senior Center Supervisor
(904) 269-4731
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Peggy Resner
Senior Center Supervisor Asst.
(904) 269-4731
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MARCH MEAL CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
JOIN US				1 Hamburger Patty Baked Pinto Beans Sliced Tomato/Lettuce Hamburger Bun Fruit Cobbler Milk
4 Chicken Noodle Casserole Brussel Sprouts Dilled Carrots Wheat Bread Fruit Cup Milk	5 Salisbury Steak Whipped Potatoes California Veggies Dinner Roll Fruit Cup Milk	6 BBQ Chicken Baked Navy Beans Cabbage Hamburger Bun Pickle Slices Fruit Milk	7 Turkey Ham/White Beans Parslied Rice Broccoli Dinner Roll Fruit Milk	8 Spaghetti Casserole Corn Italian Veggies Dinner Roll Fruit Milk
11 Beef Enchilada Pie Yellow Rice Fiesta Veggies Wheat Bread Fruit Cup Milk	12 Chicken Broccoli Rice Casserole Green Peas Country Veggies Dinner Roll Fruit Cup Milk	13 Creole Meatballs Rotini Noodles Herbed Green Beans Wheat Bread Fruit Milk	14 Pork Sausage Lima Beans Summer Veggies Hot Dog Bun Fresh Fruit Mustard Milk	15 Meatloaf /Onion Gravy Delmonico Potatoes Scalloped Tomatoes Wheat Bread Fruit Cup Milk
18 Chili w/Beans Corn Parslied Carrots Crackers Fresh Fruit Milk	19 Chicken Taco Meat Pinto Beans Mexican Rice Lettuce/Tomato/Cheese Flour Tortilla Fruit Cup Milk	20 BBQ Rib Patty Garlic Whipped Potatoes Cabbage Dinner Roll Fruit Milk	21 Swiss Steak Penne Noodles Okra & Tomatoes Wheat Bread Fruit Milk	22 Smothered Chicken Black-eyed Peas Collard Greens Wheat Bread Fruit Milk
25 Meatballs with Gravy Corn Spring Vegetables Fruit Cup Milk	26 Chicken & Dumplings Green Peas Garden Vegetables Fruit Cup Milk	27 Beef Noodle Casserole Glazed Carrots Green Beans Fresh Fruit Milk	28 Sweet & Sour Chicken Fried Rice Japanese Vegetables Fresh Fruit Milk	29

CONTACT US

Orange Park
414 Stowe Avenue
Orange Park, FL. 32073
(904) 269 - 4731

Hours of Operations

Monday - Friday
8:30 AM till 4:30 PM

Saturday - Sunday
Office Closed



agingtrue.org/clay-county/



facebook.com/agingtrue
2 days notice to reserve lunch

OTHER LOCATIONS

Green Cove Springs
604 Walnut Street
Green Cove Springs, FL 32043
(904) 284 - 3134

Middleburg
3916 Section Street
Middleburg, FL. 32068
(904) 291 - 3520

Keystone Heights
125 NE Commercial Circle
Keystone Heights, FL. 32656
(352) 473 - 7121

OTHER SERVICES

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Day Health Services
- Utility Assistance (EHEAP)