



SENIOR CENTER OF  
MIDDLEBURG

# APRIL ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
1 Bingo- 10AM Rummikub- 12:30PM	2 Exercise Class- 9:15AM Line Dance Int. 9:30AM Beg. 10:30AM Pokeno IPM Arts/Crafts IPM	3 Bingo 10AM Rummikub 12:30PM Knit/Crochet By Appt Bingocize IPM <b>LEND AN EAR</b>	4 Exercise Class- 9:15AM Karaoke 9AM Bible Study- 10:30AM Line dance IPM	5 Rummikub- 10AM Line dance- 10:45AM Bingo- IPM Pinochle- 12:30PM <b>CAREPLUS</b>
8 Bingo- 10AM Rummikub- 12:30PM <b>SHINE</b>	9 Exercise Class- 9:15AM Line Dance Int. 9:30AM Beg. 10:30AM Pokeno IPM Arts/Crafts IPM	10 Bingo 10AM Rummikub 12:30PM Knit/Crochet By Appt Bingocize IPM <b>AETNA</b>	11 Exercise Class- 9:15AM Karaoke 9AM Bible Study- 10:30AM Line dance IPM	12 Rummikub- 10AM Line dance- 10:45AM Bingo- IPM Pinochle- 12:30PM <b>TECH HELP</b>
15 Bingo- 10AM Rummikub- 12:30PM	16 Exercise Class- 9:15AM Line Dance Int. 9:30AM Beg. 10:30AM Pokeno IPM Arts/Crafts IPM	17 Bingo 10AM Rummikub 12:30PM Knit/Crochet By Appt Bingocize IPM <b>MODERN SR HEALTH</b>	18 Exercise Class- 9:15AM Karaoke 9AM Haircuts 10AM Bible Study- 10:30AM Line dance IPM	19 Rummikub- 10AM Line dance- 10:45AM Bingo- IPM Pinochle- 12:30PM
22 Bingo- 10AM Rummikub- 12:30PM	23 Exercise Class 9:15AM Line Dance Int. 9:30AM Beg. 10:30AM Pokeno IPM Arts/Crafts IPM	24 Bingo 10AM Rummikub 12:30PM Knit/Crochet By Appt Bingocize IPM <b>DEVOTED</b>	25 Exercise Class- 9:15AM Karaoke 9AM Bible Study- 10:30AM Line dance IPM <b>VA RESOURCES</b>	26 Rummikub- 10AM Line dance- 10:45AM Bingo- IPM Pinochle- 12:30PM
29 Bingo- 10AM Rummikub- 12:30PM <b>FINANCIAL AWARENESS</b>	30 Exercise Class 9:15AM Line Dance Int. 9:30AM Beg. 10:30AM Pokeno IPM Arts/Crafts IPM			

## SPECIAL EVENTS

- APRIL 3RD- @ 11:30 LEND AN EAR**
- APRIL 5TH- @9:30 CAREPLUS**
- APRIL 8TH- @9:30 SHINE**
- APRIL 10TH- @11:30 AETNA**
- APRIL 12TH- TECH HELP**
- APRIL 17TH- @9:30 MODERN SR HEALTH**
- APRIL 18TH- @9:30 BEWARE OF MEDICAID SCAMS AND FRAUD**
- APRIL 24TH- @9:30 DEVOTED**
- APRIL 25TH @9:30 VA RESOURCES**
- APRIL 29TH @11:30 FINANCIAL AWARENESS**

## REMINDER

Meals are served from 12:00 PM - 1:00 PM, Monday - Friday and require a 2-day advance reservation. To reserve a meal, please call or stop by your local center to sign up. Meals must be consumed on site and may contain or have been exposed to allergens such as: Dairy, Gluten, Soy, and Shellfish

## MANAGEMENT

**PRINCELLA MILLER**  
Senior Center Supervisor  
(904) 291 - 3520  
PMiller1@agingtrue.org

**FOR ADDITIONAL ASSISTANCE**  
**ISHTAR JORDEN AND**  
**HECTOR JIMENEZ**  
**ARE AVAILABLE**



SENIOR CENTER OF  
MIDDLEBURG

# APRIL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Salisbury Steak Delmonico Potatoes Summer Vegetables Dinner Roll Fruit Cup Milk	<b>2</b> Lemon Pepper Chicken Green Peas Okra and Tomatoes Wheat Bread Fruit Cup Milk	<b>3</b> Beef Cabbage Casserole Lima Beans Sliced Carrots Wheat Bread Fresh Fruit Milk	<b>4</b> Chicken Tetrzinni Whole Kernel Corn Green Beans Dinner Roll Fresh Fruit Milk	<b>5</b> Turkey Ham/White Beans Steamed Rice Country Vegetable Blend Dinner Roll Fresh Fruit Milk
<b>8</b> Cheesy Meat Casserole Green Beans Glazed Carrots Dinner Roll Fruit Cup Milk	<b>9</b> BBQ Rib Patty Whipped Potatoes Garden Vegetable Blend Dinner Roll Fruit Cup Milk	<b>10</b> Smothered Meatballs Parslied Rice Green Peas Wheat Breat Fresh Fruit Milk	<b>11</b> Chicken Noodle Casserole Mixed Vegetables Brussels Sprouts Dinner Roll Fresh Fruit Milk	<b>12</b> Hamburger Patty Baked Pinto Beans Sliced Tomato Lettuce Hamburger Bun Mixed Fruit Crisp Milk Mustard and Ketchup
<b>15</b> Meatloaf/Tomato Gravy Garlic Whipped Potatoes Herbed Green Beans Dinner Roll Fruit Cup Milk	<b>16</b> Garlic Rosemary Chicken Mixed Beans Parslied Carrots Dinner Roll Fruit Cup Milk	<b>17</b> Savory Beef Casserole Green Peas California Vegetable Blend Wheat Bread Fresh Fruit Milk	<b>18</b> Sweet and Sour Chicken Fried Rice Japanese Vegetable Blend Dinner Roll Fresh Fruit Milk	<b>19</b> Swedish Meatballs Rotini Noodles Tuscany Vegetable Blend Dinner Roll Fresh Fruit Milk
<b>22</b> Italian Mac Baby Lima Beans Dilled Carrots Dinner Roll Fruit Cup Milk	<b>23</b> Pork Sausage Kidney Beans Collard Greens Hot Dog Bun Fruit Cup Milk Mustard	<b>24</b> Swiss Steak Parslied Whipped Potatoes Spring Vegetable Blend Wheat Bread Fresh Fruit Milk	<b>25</b> Chicken & Rice Casserole French Green Beans Whole Kernel Corn Wheat Bread Fresh Fruit Milk	<b>26</b> Taco Meat Pinto Beans Mexican rice Shredded Cheese Flour Tortilla Fresh Fruit Milk Taco Sauce
<b>29</b> Salisbury Steak/Gravy Delmonico Potatoes Summer Vegetables Blend Dinner Roll Fruit Cup Milk	<b>30</b> Lemon Pepper Chicken Green Peas Okra and Tomatoes Wheat Bread Fruit Cup Milk			

## CONTACT US

3916 Section Street  
Middleburg, FL.  
32068

(904) 291 - 3520

### Hours of Operations

**Monday - Friday**

9:00 AM till 4:30 PM

**Saturday - Sunday**

Office Closed

[agingtrue.org/clay-county/](http://agingtrue.org/clay-county/)

[facebook.com/agingtrue](https://facebook.com/agingtrue)

## OTHER LOCATIONS

### Keystone Heights

125 N.E. Commercial Circle  
Keystone Heights, FL. 32656  
(352) 473 - 7121

### Green Cove Springs

604 Walnut Street  
Green Cove Springs, FL. 32043  
(904) 284 - 3134

### Orange Park

414 Stowe Avenue  
Orange Park, FL. 32073  
(904) 269 - 4731

## OTHER SERVICES

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Day Health Services
- Utility Assistance (EHEAP)