## SENIOR CENTER OF



#### **ORANGE PARK**

## **APRIL ACTIVITY CALENDAR**

Monday	Tuesday	Wednesday	Thursday	Friday
<ul> <li>Tai Chi 9:00</li> <li>Pinochle 9-4:00</li> <li>Genealogy 10:00</li> <li>Clog 10:00</li> <li>Line Dance 1-3:00</li> </ul>	2 Community Hospice Presentation 9:30 Bingo 10:00-12:00 Bridge 12-4:00	<b>3</b> Tai Chi 9:00 Arts & Crafts 10:00 Trauma & Grief 11 Bible History 11:00 Line Dance 1-3:00	4 Devoted Health 9:30 Bingo 10-12 Bridge 12-4:00	<b>5</b> Bingo 10:00-12:00 Pinochle 9-4:00 iT Help 9:30 Armchair Adventures 1:00
8 Tai Chi 9:00 Pinochle 9-4:00 Genealogy 10:00 Clog 10:00 Line Dance 1-3:00	<b>9</b> Financial Awareness 9:30 Bingo 10:00-12:00 Bridge 12-4:00	<b>10</b> Tai Chi 9:00 Arts & Crafts 10:00 Line Dance 1–3:00	<b>11</b> Thrive Presentation 9:30 Bingo 10-12 Bridge 12-4:00	12 Beware of Medicaid Scams & Frauds 9:30 Bingo 10-12 Pinochle 9-4:00
<b>15</b> Tai Chi 9:00 Pinochle 9-4:00 Genealogy 10:00 Clog 10:00 Line Dance 1-3:00	<b>16</b> Lend An Ear 9:30 Bingo 10-12:00 Bridge 12-4 Cards and Puzzles all day	<b>17</b> Tai Chi 9:00 Arts & Crafts 10:00 Bible History 11 Line Dance 1–3	<b>18</b> SHINE PRESENTATION 9:30 Bingo 10–12 Bridge 12–4:00	<b>19</b> Guided Solutions 9:30 Bingo 10-12 Pinochle 9-4:00
<b>22</b> Tai Chi 9:00 Pinochle 9-4:00 Genealogy 10:00 Clog 10:00 Line Dance 1-3:00	23 Aetna Presentation 9:30 w/Stevie Bingo 10-12 Bridge 12-4:00	<b>24</b> Tai Chi 9:00 Arts & Crafts 10:00 Line Dance 1–3	25 Personaltiy Of The Month 9 Bingo 10–12:00 KARAOKE 1–4 Bridge 12–4:00	<b>26</b> Bingo 10:00–12:00 Cards, puzzles and pool al day Pinochle 9–4:00
<b>29</b> Tai Chi 9:00 Pinochle 9-4:00 Genealogy 10:00 Clog 10:00 Line Dance 1-3:00	<b>30</b> SPELLING BEE PRIZE TO WINNER Bingo 10-12:00 Bridge 12-4:00			



Sandra Balestracci 4-4 Shirley DeGeer 4-9 Gloria Lee 4-17 Bill Resner 4-16 Janet Risko 4-8 Bobby Williams, 4-28

## HAPPENINGS INDOOR YARD SALE FUNDRAISER, APRIL 6TH 8 TO 3:00. AMAZING RAFFLE PRIZES AND LOTS OF GREAT ITEMS FOR SALE. Chess Lessons and Play

every Monday at 1:00

## Your management team

Cara Hamill Senior Center Supervisor (904) 269-4731 CHamill@agingtrue.org

Peggy Resner Senior Center Supervisor Asst. (904) 269-4731 MResner@agingtrue.org

## SENIOR CENTER OF



#### **ORANGE PARK**

# APRIL MEAL CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<ul> <li>Salisbury Steak with Gravy</li> <li>Delmonico Potatoes</li> <li>Summer Veggies</li> <li>Dinner Roll</li> <li>Fruit Cup</li> <li>Milk</li> </ul>	2 Lemon Pepper Chicken Green Peas Okra & Tomatoes Wheat Bread Fruit Cup Milk	<b>3</b> Beef Cabbage Casserole Lima Beans Sliced Carrots Wheat Bread Fruit Milk	<b>4</b> Chicken Tetrazinni Corn Green Beans Dinner Roll Fruit Milk	5 Turkey Ham w/Wht Beans Steamed Rice Country Veggies Dinner Roll Fruit Milk
8 Cheesy Meat Casserole Green Beans Glazed Carrots Dinner Roll Fruit Cup Milk	9 BBQ Rib Patty Whipped Potatoes Garden Veggies Dinner Roll Fruit Cup Milk	<b>10</b> Smothered Meatballs Parslied Rice Green Peas Wheat Bread Fruit Milk	<b>11</b> Chicken Noodle Casserole Mixed Veggies Brussels Sprouts Dinner Roll Fruit Cup Milk	12 Hamburger Patty w/Bun Baked Pinto Beans Lettuce/Tomato Mixed Fruit Cobbler Mustard/Ketchup Milk
<b>15</b> Meatloaf w/Tomato Gravy Garlic Whipped Potatoes Herbed Green Beans Dinner Roll Fruit Cup Milk	<b>16</b> <sub>Garlic</sub> Rosemary Chicken Mixed Beans Parslied Carrots Dinner Roll Fruit Cup Milk	17 Savory Beef Casserole Green Peas California Veggies Wheat Bread Fruit Milk	<b>18</b> Sweet & Sour Chicken Fried Rice Japanese Veggies Dinner Roll Fruit Milk	<b>19</b> Swedish Meatballs Rotini Noodles Tuscany Veggies Dinner Roll Fruit Cup Milk
22 Italian Mac Baby Lima Beans Dilled Carrots Dinner Roll Fruit Cup Milk	23 Pork Sausage Kidney Beans Collard Greens Hot Dog Bun Fruit Cup Mustard Milk	24 Swiss Steak Parslied Whipped Potatoes Spring Veggies Wheat Bread Fruit Milk	<b>25</b> <sub>Chicken &amp; Rice</sub> Casserole French Green Beans Corn Wheat Bread Fruit Milk	26 Taco Meat Pinto Beans Mexican Rice Lettuce/Tomato/Cheese Flour Tortilla Fruit Milk
29 Salisbury Steak w/Gravy Delmonico Potatoes Summer Veggies Dinner Roll Fruit Cup Milk	<b>30</b> Lemon Pepper Chicken Green Peas Okra & Tomatoes Wheat Bread Fruit Cup Milk			

## CONTACT US

Orange Park 414 Stowe Avenue Orange Park, FL. 32073 (904) 269 - 4731

Hours of Operations Monday - Friday 8:30 AM till 4:30 PM Saturday - Sunday

Office Closed

(f) facebook.com/agingtrue 2 days notice to reserve lunch

### **OTHER LOCATIONS**

Green Cove Springs 604 Walnut Street Green Cove Springs, FL 32043 (904) 284 - 3134 Middleburg 3916 Section Street Middleburg, FL. 32068 (904) 291 - 3520 Keystone Heights 125 NE Commercial Circle

125 NE Commercial Circle Keystone Heights, FL. 32656 (352) 473 - 7121

## **OTHER SERVICES**

- Meals on Wheels
- Case Management
- Mental Wellness
  - Long Term Care
  - In-home Services
  - Respite Care
  - R.E.L.I.E.F. Program
  - Adult Day Health Services
  - Utility Assistance (EHEAP)