

OCTOBER ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>01 Billiards All Day Arts & Crafts 9:30 AM Dominos 9:00 AM Bingo-cize 12:45 PM</p> <p>NAT'L ASSOC. VETERANS 11:00</p>	<p>02 Billiards All Day Bingo 10:00 AM Board Games 12:30 PM</p> <p>PINK SHIRT WEDNESDAY</p>	<p>03 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:30 AM Line Dancing 10:00 AM Bible History 12:30 PM</p> <p>SR. SERVICES N. FL.</p>	<p>04 Billiards All Day Penny Bingo 10:00 AM Bingo 12:45 PM</p> <p>CANCER AWARENESS 9:00 RED SHIRT FRIDAY</p>
<p>07 Billiards All Day Bingo 10:00 AM PingPong 1:00 PM</p>	<p>08 Billiards All Day Arts & Crafts 9:30 AM Dominos 9:00 AM Bingo-cize 12:45 PM</p> <p>CLAY SHERIFF'S OFFICE 11:00</p>	<p>09 Billiards All Day Bingo 10:00 AM Board Games 12:30 PM</p> <p>PINK SHIRT WEDNESDAY</p>	<p>10 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:30 AM Line Dancing 10:00 AM Bible History 12:30 PM</p>	<p>11 Billiards All Day Penny Bingo 10:00 AM Bingo 12:45 PM</p> <p>RED SHIRT FRIDAY</p>
<p>14 Billiards All Day Bingo 10:00 AM PingPong 1:00 PM</p>	<p>15 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:30 AM Bingo-cize 12:45 PM</p> <p>FRAUD / SCAM 9:30</p>	<p>16 Billiards All Day Bingo 10:00 AM Book Club 11:00 AM Board Games 12:30 PM</p> <p>PINK SHIRT WEDNESDAY</p>	<p>17 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:30 AM Line Dancing 10:00 AM Bible History 12:30 PM</p> <p>MEMORY LOSS PREV. 10:00</p>	<p>18 Billiards All Day Penny Bingo 10:00 AM Bingo 12:45 PM</p> <p>AMR. CANCER SOC. HANDOUT RED SHIRT FRIDAY</p>
<p>21 Billiards All Day Bingo 10:00 AM PingPong 1:00 PM</p>	<p>22 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:30 AM Bingo-cize 12:45 PM</p>	<p>23 Billiards All Day Bingo 10:00 AM Board Games 12:30 PM</p> <p>PINK SHIRT WEDNESDAY</p>	<p>24 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:30 AM Line Dancing 10:00 AM Bible History 12:30 PM</p>	<p>25 Billiards All Day Penny Bingo 10:00 AM Bingo 12:45 PM</p> <p>AETNA PRESENTATION 10:30 RED SHIRT FRIDAY</p>
<p>28 Billiards All Day Bingo 10:00 AM PingPong 1:00 PM</p>	<p>29 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:00 AM Bingo-cize 12:45 PM</p> <p>COMMUNITY HOSPICE 10:00</p>	<p>30 Billiards All Day Bingo 10:00 AM Board Games 12:30 PM</p> <p>CLAY TRIANGLE TOUR 10:00 PINK SHIRT WEDNESDAY</p>	<p>31 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:00 AM Line Dancing 10:00 AM Bible History 12:30 PM</p> <p> HALLOWEEN PARTY</p>	

PUZZLES, COLORING & ACTIVITY SHEETS, AND BOARD GAMES ARE AVAILABLE ALL DAY EVERY DAY!

SPECIAL EVENTS

OCT 01 @ 11:00 AM

Presentation w/ Nat'l Association of Veterans

OCT 03 @ 10:00 AM

Medicare Basics w/ Snr. Services of N. FL.

OCT 04 @ 11:00 AM

Breast Cancer awareness w/ Raymond Myers, BSN-RN

OCT 08 @ 11:00 AM

Scams/Fraud awareness with Clay Sheriff's Office

OCT 15 @ 9:30 AM

Scams/Fraud awareness w/ Patricia Evans from Capital City Bank

OCT 17 @ 10:00 AM

Memory Loss Prevention Joanne Dufton

OCT 18 @ 9:30 AM

Handout from American Cancer Society

OCT 25 @ 10:30 AM

Presentation on Aetna w/ Carlos Diaz

OCT 29 @ 10:00 AM

Support with Adv. Illness with Francie from Community Hospice

OCT 30 @ 10:00 AM

Clay Historic Triangle Tour w/ The Archivist

OCT 31 @ 10:00 AM

Halloween Costume Party

MANAGEMENT

JACQUELINE BENNETT

Senior Center Supervisor

(904) 531 - 5022

JBennett@agingtrue.org

BARBARA JIMENEZ

Senior Center Assistant Supervisor

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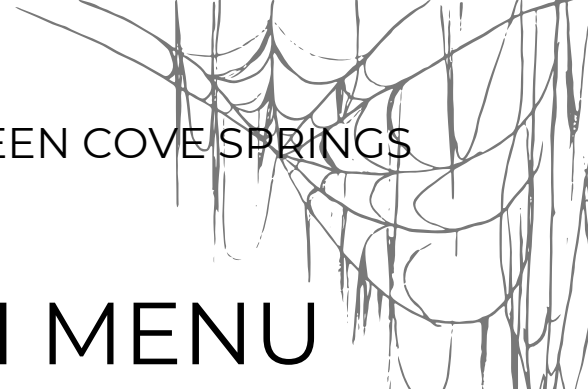




SENIOR CENTER OF



GREEN COVE SPRINGS




OCTOBER LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	01 BARBEQUE RIB PATTY RED BEANS & RICE CABBAGE DINNER ROLL FRUIT CUP MILK	02 SPAGHETTI & MEATBALLS GREEN PEAS WHEAT BREAD FRESH FRUIT MILK	03 CHICKEN SALAD CORN SALAD LETTUCE & TOMATO WHEAT BREAD FRESH FRUIT MILK	04 HAMBURGER W/ BUN BAKED PINTO BEANS COUNTRY POTATOES SWEET TREAT CONDIMENTS MILK
07 SWISS STEAK WHIPPED POTATOES VEGETABLES WHEAT BREAD FRESH FRUIT MILK	08 CHICKEN TACOS BLACK BEANS W/ CORN MEXICAN RICE LETTUCE/TOMATO/CHEESE FRUIT MILK	09 PORK SAUSAGE W/ BUN BLACK EYED PEAS GREEN BEANS FRESH FRUIT CONDIMENTS MILK	10 ORANGE GLAZED CHICKEN CONFETTI RICE COLLARD GREENS DINNER ROLL FRESH FRUIT MILK	11 SLOPPY JOE W/ BUN MIXED BEANS CALIFORNIA VEGETABLES FRESH FRUIT MILK
14 MEATBALLS W/ MUSHROOM GRAVY DELMONICO POTATOES GREEN PEAS WHEAT BREAD FRUIT CUP MILK	15 SAUSAGE & WHITE BEANS KERNEL CORN CARROTS WHEAT BRAD FRUIT CUP MILK	16 HAMBURGER W/ BUN BAKED PINTO BEANS COUNTRY POTATOES SWEET TREAT CONDIMENTS MILK	17 CHICKEN SALAD GREEN PEA SALAD LETTUCE / TOMATO WHEAT BREAD FRESH FRUIT MILK	18 XXXX
21 SWEET/SOUR CHICKEN FRIED RICE VEGETABLES DINNER ROLL FRESH FRUIT MILK	22 PORK SAUSAGE W/ BUN KIDNEY BEANS COLLARD GREENS CONDIMENTS FRUIT CUP MILK	23 SALISBURY STEAK W/ ONION GRAVY WHIPPED POTATOES GREEN BEANS WHEAT BREAD FRESH FRUIT MILK	24 SMOTHERED CHICKEN LIMA BEANS COUNTRY VEGETABLES WHEAT BREAD FRUIT MILK	25 BEEF TACOS PINTO BEANS RICE LETTUCE/TOMATO/CHEESE FRESH FRUIT MILK
28 BEEF & RICE CASSEROLE HERBED GREEN BEANS GLAZED CARROTS WHEAT BREAD FRUIT CUP MILK	29 BARBEQUE RIB PATTY RED BEANS & RICE CABBAGE DINNER ROLL FRUIT CUP MILK	30 SPAGHETTI & MEATBALLS GREEN PEAS WHEAT BREAD FRESH FRUIT MILK	31 HALLOWEEN PARTY CHICKEN SALAD CORN SALAD LETTUCE & TOMATO WHEAT BREAD FRESH FRUIT MILK 	

CONTACT US

604 Walnut Street
 Green Cove Springs, FL.
 32043
 (904) 284 - 3134
Hours of Operations
Monday - Friday
 9:00 AM till 4:30 PM
Saturday - Sunday
 Office/Center Closed

 agingtrue.org/clay-county/
 facebook.com/agingtrue

OTHER LOCATIONS

Keystone Heights
 125 N.E. Commercial Circle
 Keystone Heights, FL. 32656
 (352) 473 - 7121
Middleburg
 3916 Section Street
 Middleburg, FL. 32068
 (904) 291 - 3520
Orange Park
 414 Stowe Avenue
 Orange Park, FL. 32073
 (904) 269 - 4731

OTHER SERVICES

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Daycare Services



LUNCHES REQUIRE A 2-DAY IN ADVANCE RESERVATION, PLEASE CALL OR STOP IN TO SIGN UP!