



NOVEMBER ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
				O1 Billiards All Day Tai Chi 9:00 AM Penny Bingo 10:00 AM Bingo 12:45 PM RED SHIRT FRIDAY
O4 _{Billiards} All Day Bingo 10:00 AM PingPong 1:00 PM	05 Billiards All Day Arts & Crafts 9:30 AM Dominos 9:00 AM Bingo-cize 12:45 PM	06 Billiards All Day Bingo 10:00 AM Board Games 12:30 PM	07 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:30 AM Line Dancing 10:00 AM Bible History 12:30 PM	08 Billiards All Day Tai Chi 9:00 AM Penny Bingo 10:00 AM Bingo 12:45 PM RED SHIRT FRIDAY
Billiards All Day Bingo 10:00 AM PingPong 1:00 PM HISTORY W/ FRANK 11: 00 AM	12 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:30 AM Bingo-cize 12:45 PM	Billiards All Day Bingo 10:00 AM Book Club 11:00 AM Board Games 12:30 PM	14 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:30 AM Line Dancing 10:00 AM Bible History 12:30 PM	15 Billiards All Day Tai Chi 9:00 AM Penny Bingo 10:00 AM Bingo 12:45 PM RED SHIRT FRIDAY
18 Billiards All Day Bingo 10:00 AM PingPong 1:00 PM THE WAY CLINIC 11:30 AM	19 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:30 AM Bingo-cize 12:45 PM CLAY CO. SHERIFF OFFICE 11:00 AM	20 Billiards All Day Bingo 10:00 AM Board Games 12:30 PM	21 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:30 AM Line Dancing 10:00 AM Bible History 12:30 PM	22 Billiards All Day Tai Chi 9:00 AM Penny Bingo 10:00 AM Bingo 12:45 PM RED SHIRT FRIDAY
25 Billiards All Day Bingo 10:00 AM PingPong 1:00 PM	26 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:00 AM Bingo-cize 12:45 PM	Billiards All Day Bingo 10:00 AM Board Games 12:30 PM AETNA 10:30 AM	thanksgiving CLOSED	29 Billiards All Day Tai Chi 9:00 AM Penny Bingo 10:00 AM Bingo 12:45 PM RED SHIRT FRIDAY

PUZZLES, COLORING & ACTIVITY SHEETS, AND BOARD GAMES ARE AVAILABLE ALL DAY EVERY DAY!

SPECIAL EVENTS

NOV 04 @ 11:30 AM

Presentation with Veteran Services

NOV 11 @ 11:00 AM

Presentation and Video with Frank Haggard on the Mothball Fleet

NOV 18 @ 11:30 AM

Presentation with The Way Clinic

NOV 19 @ 11:00 AM

Presentation with Clay County Sheriff's office on Fraud and Scam awareness and prevention.

NOV 27 @ 10:30 AM

Presentation with Aetna

MANAGEMENT

JACQUELINE BENNETT

Senior Center Supervisor (904) 531 - 5022 JBennett@agingtrue.org

BARBARA JIMENEZ

Senior Center Assistant Supervisor (904) 531 - 5025 BJimenez@agingtrue.org



NOVEMBER LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				O1 SWISS STEAK NORTHERN BEANS BROCCOLI & CARROTS WHEAT BREAD FRESH FRUIT MILK
O4 SALISBURY STEAK WHIPPED POTATOES VEGETABLES WHEAT BREAD FRESH FRUIT MILK	Q5 RK SAUSAGE W/ BUN BLACK EYED PEAS GREEN BEANS FRESH FRUIT CONDIMENTS MILK	06 BEEF BEAN CHILI WHOLE KERNEL CORN GREEN BEANS CRACKERS FRESH FRUIT MILK	07 BREADED CHICKEN GREEN PEAS GLAZED CARROTS HAMBURGER BUN FRESH FRUIT MILK	08 _{TACO W/ TORTILLA} PINTO BEANS MEXICAN RICE LETTUCE/TOMATOE CHEESE / TACO SAUCE MILK
SWEDISH MEATBALLS EGG NOODLES VEGETABLE BLEND DINNER ROLL FRUIT CUP MILK	12 BARBEQUE RIB PATTY RED BEANS & RICE CABBAGE DINNER ROLL FRUIT CUP MILK	SLOPPY JOE W/ BUN DILLED CARROTS BRUSSELS SPROUTS FRESH FRUIT MILK	14 MUSHROOM CHICKEN GREEN PEAS KERNEL CORN ROLL FRESH FRUIT MILK	15 HAMBURGER W/ BUN BAKED PINTO BEANS COUNTRY POTATOES SWEET TREAT CONDIMENTS MILK
18 MEATLOAF W/GRAVY DELMONICO POTATOES GREEN BEANS DINNER ROLL FRUIT CUP MILK	19 CHICKEN TACO W/ TORTILLA PINTO BEANS MEXICAN RICE LETTUCE/TOMATOE CHEESE MILK	20 PORK SAUSAGE W/ BUN LIMA BEANS GARDEN VEGETABLES FRESH FRUIT CONDIMENTS MILK	21 ITALIAN MACARONI ORANGE CARROTS GREEN PEAS DINNER ROLL FRESH FRUIT MILK	BREADED CHICKEN GREEN PEAS GLAZED CARROTS HAMBURGER BUN FRESH FRUIT MILK
25 MEATBALLS W/ GRAVY GARLIC POTAOTES SPRING VEGETABLES BREAD FRUIT CUP MILK	26 _{CHICKEN/SAUSAGE} JAMBALAYA COUNTRY CORN GREEN BEANS DINNER ROLL FRUIT CUP MILK	27 SLICED TURKEY W/ GRAVY CORNBREAD DRESSING GLAZED CARROTS DINNER ROLL MILK CRANBERRY SAUCE	CLOSED CLOSED	SWISS STEAK NORTHERN BEANS BROCCOLI & CARROTS WHEAT BREAD FRESH FRUIT MILK

CONTACT US

604 Walnut Street Green Cove Springs, FL. 32043

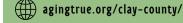
(904) 284 - 3134

Hours of Operations

Monday - Friday

9:00 AM till 4:30 PM Saturday - Sunday

Office/Center Closed



(f) facebook.com/agingtrue

OTHER LOCATIONS

Keystone Heights

125 N.E. Commercial Circle Keystone Heights, FL. 32656 (352) 473 - 7121

Middleburg

3916 Section Street Middleburg, FL. 32068 (904) 291 - 3520

Orange Park

414 Stowe Avenue Orange Park, FL. 32073 (904) 269 - 4731

OTHER SERVICES

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Daycare Services



LUNCHES REQUIRE A 2-DAY IN ADVANCE RESERVATION, PLEASE CALL OR STOP IN TO SIGN UP!