



DECEMBER ACTIVITY CALENDAR

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|
| 02 Billiards All Day Bingo 10:00 AM PingPong 1:00 PM NIOA HANDOUT 12:00 PM RSVP DEADLINE | 03 Billiards All Day Arts & Crafts 9:30 AM Dominos 9:00 AM CONQUER HEALTH 11:30 AM | 04 Billiards till Noon Bingo 10:00 AM Poker 12:30 PM HOSPICE 11:30 AM | 05 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:30 AM Line Dancing 10:00 AM Bible History 12:30 PM | 06 Billiards All Day Tai Chi 9:00 AM Penny Bingo 10:00 AM Bingo 12:45 PM PARKS/RECREATION 9:00AM CHRISTMAS MOVIE FRIDAY RED SHIRT FRIDAY |
| 09 Billiards All Day Bingo 10:00 AM PingPong 1:00 PM MEDICARE W/ APRIL 11:30 AM | 10 Billiards All Day Arts & Crafts 9:30 AM Dominos 9:00 AM | 11 Billiards till Noon Bingo 10:00 AM Poker 12:30 PM | 12 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:30 AM Line Dancing 10:00 AM Bible History 12:30 PM DEVOTED HEALTH 10:30 AM | 13 Billiards All Day Tai Chi 9:00 AM Penny Bingo 10:00 AM Bingo 12:45 PM VERIZON W/ DEMARCO 11:00 AM CHRISTMAS MOVIE FRIDAY |
| 16 Billiards All Day Bingo 10:00 AM PingPong 1:00 PM | 17 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:30 AM | 18 Billiards till Noon Bingo 10:00 AM Book Club Poker 12:30 PM SANTA'S PIT STOP 9:00 AM UGLY CHRISTMAS SWEATER DAY | 19 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:30 AM Line Dancing 10:00 AM Bible History 12:30 PM | 20 CHRISTMAS PARTY 10:00 AM RSVP REQUIRED SPECIAL FESTIVITIES MUSIC W / CRAIG SEATON |
| 23 Billiards All Day Bingo 10:00 AM PingPong 1:00 PM DEPRESSION AWARENESS 11:30 AM | 24 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:30 AM PAJAMA DAY | 25  - CLOSED - <i>Christmas</i> | 26 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:30 AM Line Dancing 10:00 AM Bible History 12:30 PM | 27 Billiards All Day Tai Chi 9:00 AM Penny Bingo 10:00 AM Bingo 12:45 PM RED SHIRT FRIDAY |
| 30 Billiards All Day Bingo 10:00 AM PingPong 1:00 PM | 31 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:00 AM | CLOSED JANUARY 1ST FOR NEW YEARS DAY  | | |

PUZZLES, COLORING & ACTIVITY SHEETS, AND BOARD GAMES ARE AVAILABLE ALL DAY EVERY DAY!

SPECIAL EVENTS

DEC. 02 @ 12:00 PM

National Institute on Aging Handout

DEC. 02 @ ALL DAY

RSVP Deadline for Christmas Party,

Registered Participants Only

DEC. 03 @ 11:30 AM

Conquer Health Chiropractor presenting on benefits and dos and don'ts of Chiropractic Care

DEC. 04 @ 11:30 AM

Community Hospice Presentation on Topics by Francie

DEC. 06 @ 9:00 AM

Clay County Parks and Recreation

Department Presentation with Activities and Games, hosted by Ryan

DEC. 09 @ 11:30 AM

Medicare Presentation with April Kwong

DEC. 12 @ 10:30 AM

Devoted Health Presentation with Allyday

DEC. 18 @ 9:00 AM

Clay County Tax Collectors Office visit with Santa and Elves to spread Holiday Cheer

DEC. 23 11:30 AM

Depression Awareness w/ Christine Jones

MANAGEMENT

JACQUELINE BENNETT

Senior Center Supervisor

(904) 531 - 5022

JBennett@agingtrue.org

BARBARA JIMENEZ

Senior Center Assistant Supervisor

(904) 531 - 5025

BJimenez@agingtrue.org



DECEMBER LUNCH MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|
| 02 SALISBURY STEAK WHIPPED POTATOES VEGETABLES WHEAT BREAD FRESH FRUIT MILK | 03 PORK SAUSAGE W/ BUN BLACK EYED PEAS GREEN BEANS FRESH FRUIT CONDIMENTS MILK | 04 BEEF BEAN CHILI WHOLE KERNEL CORN GREEN BEANS CRACKERS FRESH FRUIT MILK | 05 BREADED CHICKEN GREEN PEAS GLAZED CARROTS HAMBURGER BUN FRESH FRUIT MILK | 06 TACO W/ TORTILLA PINTO BEANS MEXICAN RICE LETTUCE/TOMATOE CHEESE / TACO SAUCE MILK |
| 09 SWEDISH MEATBALLS EGG NOODLES VEGETABLE BLEND DINNER ROLL FRUIT CUP MILK | 10 BARBEQUE RIB PATTY RED BEANS & RICE CABBAGE DINNER ROLL FRUIT CUP MILK | 11 SLOPPY JOE W/ BUN DILLED CARROTS BRUSSELS SPROUTS FRESH FRUIT MILK | 12 MUSHROOM CHICKEN GREEN PEAS KERNEL CORN ROLL FRESH FRUIT MILK | 13 HAMBURGER W/ BUN BAKED PINTO BEANS COUNTRY POTATOES SWEET TREAT CONDIMENTS MILK |
| 16 MEATLOAF W/GRAVY DELMONICO POTATOES GREEN BEANS DINNER ROLL FRUIT CUP MILK | 17 CHICKEN TACO W/ TORTILLA PINTO BEANS MEXICAN RICE LETTUCE/TOMATOE CHEESE MILK | 18 PORK SAUSAGE W/ BUN LIMA BEANS GARDEN VEGETABLE FRESH FRUIT CONDIMENTS MILK | 19 ITALIAN MACARONI ORANGE CARROTS GREEN PEAS DINNER ROLL FRESH FRUIT MILK | 20 GLAZED HAM CHEESY POTATOES GREEN BEAN AMANDINE DINNER ROLL COOKIES MILK |
| 23 MEATBALLS W/ GRAVY GARLIC POTATOES SPRING VEGETABLES BREAD FRUIT CUP MILK | 24 CHICKEN/SAUSAGE JAMBALAYA COUNTRY CORN GREEN BEANS DINNER ROLL FRUIT CUP MILK | 25 | 26 BARBECUE CHICKEN BLACK EYED PEAS TURNIP GREENS WHEAT BREAD FRUIT MILK | 27 SWISS STEAK NORTHERN BEANS BROCCOLI/CARROTS BREAD FRESH FRUIT MILK |
| 30 SALISBURY STEAK WHIPPED POTATOES VEGETABLES WHEAT BREAD FRESH FRUIT MILK | 31 PORK SAUSAGE W/ BUN BLACK EYED PEAS GREEN BEANS FRESH FRUIT CONDIMENTS MILK | <p>CLOSED JANUARY 1ST FOR NEW YEARS DAY</p> | | |

CONTACT US

604 Walnut Street
 Green Cove Springs, FL.
 32043
 (904) 284 - 3134
Hours of Operations
Monday - Friday
 9:00 AM till 4:30 PM
Saturday - Sunday
 Office/Center Closed

agingtrue.org/clay-county/
facebook.com/agingtrue

OTHER LOCATIONS

Keystone Heights
 125 N.E. Commercial Circle
 Keystone Heights, FL. 32656
 (352) 473 - 7121
Middleburg
 3916 Section Street
 Middleburg, FL. 32068
 (904) 291 - 3520
Orange Park
 414 Stowe Avenue
 Orange Park, FL. 32073
 (904) 269 - 4731



OTHER SERVICES

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Daycare Services

*Tis the
 Season*