





FEBRUARY ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>February is American Heart Month, National Cancer Prevention Month, and Black History Month</p>  				
<p>3 Card Games & Billiards 9:00-4:30 Beg. Line Dance 9:00 Bunko 1:00</p>	<p>4 Knit/Crochet 9:00 Spades 9:00-11 Raymond Meyers 10:30 Bingo 12:30</p>	<p>5 Card Games & Billiards 9:00-4:30 Humanins Society Sarah Pendelton - Clay County Library 10:30 Bible History 10:00 Bingo 12:30</p>	<p>6 Knit/Crochet 9:00 Mexican Train 12:00 CHAIR VOLLEYBALL 2:00-3:30</p>	<p>7 Card Games & Billiards 9:00-4:30 Bingo-cize 10:00 Bingo 12:30</p>
<p>10 Card Games & Billiards 9:00-4:30 Beg. Line Dance 9:00 Bunko 1:00</p>	<p>11 Knit/Crochet 9:00 Spades 9:00-11 Devoted / Allyday Alexander 10:30 Bingo 12:30</p>	<p>12 Card Games & Billiards 9:00-4:30 Veterans Presentation Richard Carey Veterans Service Officer 10:30 Bible History 10:00 Bingo 12:30</p>	<p>13 Knit/Crochet 9:00 Mexican Train 12:00 CHAIR VOLLEYBALL 2:00-3:30</p>	<p>14 Blood Pressure / Glucose Checks 8:30-10 Ice Cream Social Brought to you from Aetna 11:30 Bingo 12:30</p>
<p>17 HAPPY Presidents Day CLOSED</p>	<p>18 Knit/Crochet 9:00 Spades 9:00-11 Advantage Plans Dorothy Arnwine 10:30 Bingo 12:30</p>	<p>19 Card Games & Billiards 9:00-4:30 Build Your Tech Skills w/Leah 9:30 Bible History 10:00 Bingo 12:30</p>	<p>20 Knit/Crochet 9:00 Mexican Train 12:00 CHAIR VOLLEYBALL 2:00-3:30</p>	<p>21 Blood Pressure / Glucose Checks 8:30-10 Card Games & Billiards 9:00-4:30 Bingo-cize 10:00 Bingo 12:30</p>
<p>24 Card Games & Billiards 9:00-4:30 Beg. Line Dance 9:00 Bunko 1:00</p>	<p>25 Knit/Crochet 9:00 Spades 9:00-11 Bingo 12:30</p>	<p>26 Card Games & Billiards 9:00-4:30 Bible History 10:00 Bingo 12:30</p>	<p>27 Knit/Crochet 9:00 Mexican Train 12:00 CHAIR VOLLEYBALL 2:00-3:30</p>	<p>28 Card Games & Billiards 9:00-4:30 Bingo-cize 10:00 Bingo 12:30 Birthday Celebration! </p>

***Haircuts By Donna / Set up Appointment with Donna!**

Happy Birthday

**Vera Ross
Pat Schwallie
Jack Skowronski
Kerry Whitford
Pat Beteta
Emily Robichaud
John Bauer
Debra Moore**


Dates to Remember
Valentine's Day - 14th



**Ice Cream Social
11:30**

**Presidents Day - 17th
CLOSED**

FEBRUARY MEAL CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>February is National Snack Food Month.</u> Snacks can be healthy and come in many flavors. Snacks can boost your energy between meals and curb your appetite.</p>				
<p>3 Sloppy Joe Glazed Carrots Green Beans Hamburger Bun Fruit Cup Milk</p>	<p>4 Sweet & Sour Chicken Fried Rice Japanese Veggies Dinner Roll Fruit Cup Milk</p>	<p>5 Meatballs w/Gravy Corn Spring Veggies Texas Bread Fruit Milk</p>	<p>6 Creamy Paprika Chicken Whipped Potatoes Peas Dinner Roll Fruit Milk</p>	<p>7 Hamburger Patty w/Bun Baked Pinto Beans Corn Fruit Mustard/Ketchup Milk</p>
<p>10 Salisbury Steak Whipped Potatoes California Veggies Dinner Roll Fruit Cup Milk</p>	<p>11 BBQ Chicken w/Bun Baked Navy Beans Cabbage Pickles Fruit Cup Milk</p>	<p>12 Taco Meat Pinto Beans Mexican Rice Lettuce/Tomato/Cheese Flour Tortilla Fruit Milk</p>	<p>13 Pork Sausage Lima Beans Summer Veggies Hot Dog Bun Fruit Mustard Milk</p>	<p>14 Meatloaf/Spaghetti Sauce Penne/Tomatoes Italian Veggies Dinner Roll Fruit Milk</p>
<p>17  CLOSED</p>	<p>18 Chicken/Sausage Jambalaya Peas Country Veggies Dinner Roll Fruit Cup Milk</p>	<p>19 Creole Meatballs Rotini Noodles Herbed Green Beans Wheat Bread Fruit Milk</p>	<p>20 Smothered Chicken Black-eyed Peas Collard Greens Wheat Bread Fruit Milk</p>	<p>21 Hamburger Patty w/Bun Ranch Beans Tomato/Lettuce Mixed Fruit Crisp Mustard/Ketchup Milk</p>
<p>24 Swiss Steak Penne Noodles Okra & Tomatoes Wheat Bread Fruit Cup Milk</p>	<p>25 Chicken Taco Meat Pinto Beans Mexican Rice Lettuce/Tomato/Cheese Flour Tortilla Fruit Cup Milk</p>	<p>26 BBQ Rib Patty Peas Cabbage Dinner Roll Fruit Milk</p>	<p>27 Meatloaf/Onion Gravy Delmonico Potatoes Green Beans Wheat Bread Oatmeal Creme Pie Milk</p>	<p>28 Pork Sausage Lima Beans Glazed Carrots Hot Dog Bun Fruit Mustard Milk</p>

**Meals must be consumed on site and may contain or have been exposed to allergens such as: Dairy, Gluten, Soy, and Shellfish*

CONTACT US

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Hours of Operation
Monday - Friday
8:30 AM till 4:30 PM
(352) 473 - 7121

 agingtrue.org/clay-county

 facebook.com/agingtrue

OTHER LOCATIONS

Green Cove Springs
604 Walnut Street
Green Cove Springs, FL 32043
(904) 284 - 3134

Middleburg
3916 Section Street
Middleburg, FL. 32068
(904) 291 - 3520

Orange Park
414 Stowe Avenue
Orange Park, FL. 32073
(904) 269 - 4731

OTHER SERVICES

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Day Health Services
- Utility Assistance (EHEAP)