



SENIOR CENTER OF AGING TRUE MIDDLEBURG
Community Senior Services
Clay County

February ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
3 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12	4 Exercise Class- 9:15AM Line Dance Int. 9:30AM Beg. 10:30AM Pokeno 1PM Arts/Crafts 1PM	5 Bingo 10AM Rummikub 12:30PM Knit/Crochet By Appt Arts/Crafts 9am-12	6 Exercise Class- 9:15AM Karaoke 10AM Bible Study 1030am Line Dance 1pm	7 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo- 1PM
10 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12 1130 Veterans Presentation	11 Exercise Class- 9:15AM Line Dance Int. 9:30AM Beg. 10:30AM Pokeno 1PM Arts/Crafts 1PM 1130 Raymond Meyers	12 Bingo 10AM Rummikub 12:30PM Knit/Crochet By Appt Arts/Crafts 9am-12 10am Tech Help	13 Exercise Class- 9:15AM Karaoke 10AM Bible Study 1030am Line Dance 1pm	14 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo 1pm Happy Valentine's Day
17 CLOSED	18 Exercise Class- 9:15AM Line Dance . 9:30AM Beg. 10:30AM Pokeno 1PM Arts/Crafts 1PM	19 Bingo 10AM Rummikub 12:30PM Knit/Crochet By Appt Arts/Crafts 9am-12	20 Exercise Class- 9:15AM Bible Study- 10:30AM Line dance 1PM 10am Hair Cuts 10am Tatted Remnats Musical Band	21 Line Dance 1045AM Rummikub 12:30PM Knit/Crochet By Appt Bingo 1PM
24 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12 1130 Advantage Plans	25 Exercise Class 9:15AM Line Dance Int. 9:30AM Beg. 10:30AM Pokeno 1PM Arts/Crafts 1PM	26 Bingo 10AM Rummikub 12:30PM Knit/Crochet By Appt Arts/crafts 9-12	27 Exercise Class- 9:15AM Karaoke 10AM Bible Study 1030am Line Dance 1pm	28 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo 1pm 930 Devoted



Special Events

1130 Veterans Presentation
1130 Raymond Meyers
10am Tech Help
10am Hair Cuts
10am **LIVE** Tatted Remnats Musical Band
1130 Advantage Plans
930 Devoted

REMINDER

Meals are served from 12:00 PM - 1:00 PM, Monday - Friday and require a 2-day advance reservation. To reserve a meal, please call or stop by your local center to sign up. Meals must be consumed on site and may contain or have been exposed to allergens such as: Dairy, Gluten, Soy, and Shellfish

MANAGEMENT

Ishtar Jorden
Senior Center Supervisor
(904) 291 - 3520
ijorden@agingtrue.org

FOR ADDITIONAL ASSISTANCE
ISHTAR JORDEN AND
HECTOR JIMENEZ
ARE AVAILABLE

February LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3 Sloppy Joe Glazed Carrots Green Beans Hamburger Bun Fruit Cup Milk	4 Sweet and Sour Chicken Fried Rice Japanese Vegetables Dinner Roll Fruit Cup Milk	5 Meatballs with Gravy Whole Kernal Corn Spring Vegetables Texas Bread Fresh Fruit Milk	6 Creamy Paprika Chicken Whipped Potatoes Green Peas Dinner Roll Fresh Fruit Milk	7 Hamburger Patty Baked Pinto Beans Whole Kernal Corn Hamburger Bun Fresh Fruit Milk Mustard/Ketchup
10 Salsbury Steak Whipped Potatoes California Vegetables Dinner Roll Fruit Cup Milk	11 BBQ Chicken Black Navy Beans Cabbage Hamburger Bun Fresh Fruit/Milk Pickle Slices	12 Taco Meat Pinto Beans Mexican rice Lettuce/Tomato Shredded Cheese Flour Tortilla Fresh Fruit Milk Taco Sauce	13 Pork Sausage Lime Beans Summer Vegetables Hot Dog Bun Fresh Fruit Milk Mustard	14 Meatball/Spaghetti Sauce Penne/Tomatoes Italian Vegetables Dinner Roll Fresh Fruit Milk Happy Valentine's Day
17 	18 Chicken/ Sausage Jambalays Country Vegetables Dinner Roll Fruit Cup Milk	19 Creole Meatballs Rotini Noodles Herbed Green Beans Wheat Bread Fruit Cup Milk	20 Smothered Chicken Black-eyed Peas Collard Greens Wheat Bread Fresh Fruit Milk	21 Hamburger Patty Ranch Beans Sliced Tomato/Lettuce Hamburger Bun Mixed Fruit Cup Milk/Mustard /Ketchup
24 Swiss Steak Penne Noodles Okra and Tomatoes Wheat Bread Fruit Cup Milk	25 Chicken Taco Meat Pinto Beans Mexican Rice Lettuce/Tomato/Cheese Flour Tortilla Milk Teco Sauce	26 BBQ Rib Patty Green Peas Cabbage Dinner Roll Fresh Fruit Milk	27 Meatloaf/Onion Gravy Delmonico Potatoes Green Beans Wheat Bread Oatmeal Creme Pie Milk	28 Hamburger Patty Baked Pinto Beans Whole Kernel Corn Hamburger Bun Fresh Fruit Milk Mustard/ketchup

CONTACT US

3916 Section Street
Middleburg, FL.
32068

(904) 291 - 3520

Hours of Operations

Monday - Friday

9:00 AM till 4:30 PM

Saturday - Sunday

Office Closed



agingtrue.org/clay-county/



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OTHER LOCATIONS

Keystone Heights

125 N.E. Commercial Circle
Keystone Heights, FL. 32656
(352) 473 - 7121

Green Cove Springs

604 Walnut Street
Green Cove Springs, FL. 32043
(904) 284 - 3134

Orange Park

414 Stowe Avenue
Orange Park, FL. 32073
(904) 269 - 4731

OTHER SERVICES

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Day Health Services
- Utility Assistance (EHEAP)