

March ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12</p>	<p>4 Exercise Class- 9:15AM Beg. 930 Line Dance 1030 Pokeno 1PM Arts/Crafts 1PM</p>	<p>5 Bingo 10AM Knit/Crochet By Appt Arts/Crafts 9am-12 9am Visual Screening 1130 Bee Talk 1pm Wreath Craft/ Mrs. Kitty/ Ms. Janet</p>	<p>6 Exercise Class- 9:15AM Karaoke 10AM Bible Study 1030am Line Dance 1pm</p>	<p>7 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo- 1PM</p>
<p>10 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12 1130 North Florida Rehabilitation Hospital</p>	<p>11 Exercise Class- 9:15AM Beg. 9:30 Line Dance 10:30 Pokeno 1PM Arts/Crafts 1PM</p>	<p>12 Bingo 10AM Rummikub 12:30PM Knit/Crochet By Appt Arts/Crafts 9am-12 10am Tech Help</p>	<p>13 Exercise Class- 9:15AM Karaoke 10AM Bible Study 1030am Line Dance 1pm</p>	<p>14 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo 1pm</p>
<p>17 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12 1130 Health Market Happy St Patricks Day</p>	<p>18 Exercise Class- 9:15AM Beg. 930 Line Dance 1030 Pokeno 1PM Arts/Crafts 1PM</p>	<p>19 Bingo 10AM Rummikub 12:30PM Knit/Crochet By Appt Arts/Crafts 9am-12 1130 Care Plus</p>	<p>20 Exercise Class- 9:15AM Bible Study- 10:30AM Line dance 1PM 10am Hair Cuts 10am Tatted Remnants Musical Band</p>	<p>21 Line Dance 1045AM Rummikub 12:30PM Knit/Crochet By Appt Bingo 1PM</p>
<p>24 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12 1130 April Kwong</p>	<p>25 Exercise Class 9:15AM Beg 930 Line Dance 1030 Pokeno 1PM Arts/Crafts 1PM</p>	<p>26 Bingo 10AM Rummikub 12:30PM Knit/Crochet By Appt Arts/crafts 9-12</p>	<p>27 Exercise Class- 9:15AM Karaoke 10AM Bible Study 1030am Line Dance 1pm</p>	<p>28 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo 1pm</p>

31 Bingo- 10AM
Rummikub- 12:30PM
Arts/Crafts 9am-12
10am Food Nutrition Service



Special Events
Happy St. Patricks Day
 9am Visual Screening
 1130 Bee Talk
 1130 North Florida
 10am Tech Help
 1130 Health Market
 1130 Care Plus
 10am **Live** Tatted Remnants Band
 1130 April Hwong
 10am Food Nutrition

REMINDER
 Meals are served from 12:00 PM - 1:00 PM, Monday - Friday and require a 2-day advance reservation. To reserve a meal, please call or stop by your local center to sign up. Meals must be consumed on site and may contain or have been exposed to allergens such as: Dairy, Gluten, Soy, and Shellfish

MANAGEMENT
Ishtar Jorden
 Senior Center Supervisor
 (904) 291 - 3520
 ijorden@agingtrue.org

FOR ADDITIONAL ASSISTANCE
ISHTAR JORDEN AND
HECTOR JIMENEZ
ARE AVAILABLE

March LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3 Sloppy Joe Glazed Carrots Green Beans Hamburger Bun Fruit Cup Milk	4 Sweet and Sour Chicken Fried Rice Japanese Vegetables Dinner Roll Fruit Cup Milk	5 Meatballs with Gravy Whole Kernal Corn Spring Vegetables Texas Bread Fresh Fruit Milk	6 Creamy Paprika Chicken Whipped Potatoes Green Peas Dinner Roll Fresh Fruit Milk	7 Hamburger Patty Baked Pinto Beans Whole Kernal Corn Hamburger Bun Fresh Fruit Milk Mustard/Ketchup
10 Salsbury Steak Whipped Potatoes California Vegetables Dinner Roll Fruit Cup Milk	11 BBQ Chicken Black Navy Beans Cabbage Hamburger Bun Fresh Fruit/Milk Pickle Slices	12 Taco Meat Pinto Beans Mexican rice Lettuce/Tomato Shredded Cheese Flour Tortilla Fresh Fruit Milk Taco Sauce	13 Pork Sausage Lime Beans Summer Vegetables Hot Dog Bun Fresh Fruit Milk Mustard	14 Shepherd's Pie Cabbage/Potatoes Stewed Tomatoes Dinner Roll Lime Fruited Gelatin Milk
17 Chili with Beans Whole Kernel Corn Parslied Carrots Saltine Crackers Fruit Cup Milk	18 Chicken/ Sausage Jambalays Country Vegetables Dinner Roll Fruit Cup Milk	19 Creole Meatballs Rotini Noodles Herbed Green Beans Wheat Bread Fruit Cup Milk	20 Smothered Chicken Black-eyed Peas Collard Greens Wheat Bread Fresh Fruit Milk	21 Hamburger Patty Ranch Beans Sliced Tomato/Lettuce Hamburger Bun Mixed Fruit Cup Milk/Mustard /Ketchup
24 Swiss Steak Penne Noodles Okra and Tomatoes Wheat Bread Fruit Cup Milk	25 Chicken Taco Meat Pinto Beans Mexican Rice Lettuce/Tomato/Cheese Flour Tortilla Milk Teco Sauce	26 BBQ Rib Patty Green Peas Cabbage Dinner Roll Fresh Fruit Milk	27 Meatloaf/Onion Gravy Delmonico Potatoes Green Beans Wheat Bread Oatmeal Creme Pie Milk	28 Pork Sausage Lime Beans Summer Vegetables Hot Dog Bun Fresh Fruit Milk Mustard
31 Sloppy Joe Glazed Carrots Green Beans Hamburger Bun Fruit Cup Milk				

CONTACT US

3916 Section Street
Middleburg, FL.
32068
(904) 291 - 3520

Hours of Operations

Monday - Friday

9:00 AM till 4:30 PM

Saturday - Sunday

Office Closed



agingtrue.org/clay-county/



[facebook.com/agingtrue](https://www.facebook.com/agingtrue)

OTHER LOCATIONS

Keystone Heights

125 N.E. Commercial Circle
Keystone Heights, FL. 32656
(352) 473 - 7121

Green Cove Springs

604 Walnut Street
Green Cove Springs, FL. 32043
(904) 284 - 3134

Orange Park

414 Stowe Avenue
Orange Park, FL. 32073
(904) 269 - 4731

OTHER SERVICES

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Day Health Services
- Utility Assistance (EHEAP)