

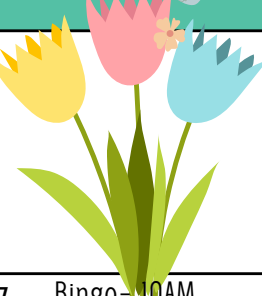




SENIOR CENTER OF

AGING TRUE
Community Senior Services
Clay County

MIDDLEBURG

April ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Exercise Class- 9:15AM Beg. 9:30 Line Dance 10:30 Pokeno 1PM Arts/Crafts 1PM	2 Bingo 10AM Knit/Crochet By Appt Arts/Crafts 9am-12 1130 Music Trivia	3 Exercise Class- 9:15AM Karaoke 10AM Bible Study 1030am Line Dance 1pm	4 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo- 1PM
7 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12 1130 Comcast	8 Exercise Class- 9:15AM Beg. 9:30 Line Dance 10:30 Pokeno 1PM Arts/Crafts 1PM	9 Bingo 10AM Rummikub 12:30PM Knit/Crochet By Appt Arts/Crafts 9am-12 10am Tech Help	10 Exercise Class- 9:15AM Karaoke 10AM Bible Study 1030am Line Dance 1pm	11 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo 1pm
14 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12 1130 Fall Prevention	15 Exercise Class- 9:15AM Beg. 930 Line Dance 1030 Pokeno 1PM Arts/Crafts 1PM	16 Bingo 10AM Rummikub 12:30PM Knit/Crochet By Appt Arts/Crafts 9am-12	17 Exercise Class- 9:15AM Bible Study- 10:30AM Line dance 1PM 10am Hair Cuts 10am Tatted Remnants Musical Band	18 
21 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12	22 Exercise Class 9:15AM Beg 930 Line Dance 1030 Pokeno 1PM Arts/Crafts 1PM	23 Bingo 10AM Rummikub 12:30PM Knit/Crochet By Appt Arts/crafts 9-12	24 Exercise Class- 9:15AM Karaoke 10AM Bible Study 1030am Line Dance 1pm 10am Movie/Popcorn	25 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo 1pm 930 Raymond Meyers Presentation
28 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12	29 Exercise Class 9:15AM Beg 930 Line Dance 1030 Pokeno 1PM Arts/Crafts 1PM	30 Bingo 10AM Knit/Crochet By Appt Arts/Crafts 9am-12		



Special Events

Happy Easter

930 Raymond Meyers

10am Tech Help

10am Hair Cuts

10am Tatted Remnants

Musical Band

1130a.m Comcast

1130 Fall Prevention

REMINDER

Meals are served from 12:00 PM - 1:00

PM, Monday - Friday and require a 2-

day advance reservation. To reserve a

meal, please call or stop by your local

center to sign up. Meals must be

consumed on site and may contain or

have been exposed to allergens such as:

Dairy, Gluten, Soy, and Shellfish

MANAGEMENT

Ishtar Jorden

Senior Center Supervisor

(904) 291 - 3520

ijorden@agingtrue.org

FOR ADDITIONAL ASSISTANCE

ISHTAR JORDEN AND

HECTOR JIMENEZ

ARE AVAILABLE

April LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Sweet and Sour Chicken Fried Rice Japanese Vegetables Dinner Roll Fruit Cup Milk	2 Meatballs with Gravy Whole Kernal Corn Spring Vegetables Texas Bread Fresh Fruit Milk	3 Creamy Paprika Chicken Whipped Potatoes Green Peas Dinner Roll Fresh Fruit Milk	4 Hamburger Patty Baked Pinto Beans Whole Kernal Corn Hamburger Bun Fresh Fruit Milk Mustard/Ketchup
7 Teriyaki Meatballs Parslied Rice Green Peas Fruit Cup Milk	8 BBQ Chicken Whole Kernel Corn Green Peas Hamburger Bun Fresh Fruit/Milk Pickle Slices	9 Sailisbury/Gravy Whipped Potatoes Sliced Carrots Wheat Bread Fruit Cup Milk	10 Garlic Rosemary Chicken Northern Beans Okra and Tomatoes Texas Bread Fresh Fruit Milk Mustard	11 Hamburger Patty Baked Pinto Beans Sliced Tomato/ Lettuce Hamburger Bun Fresh Fruit Milk Mustard/Ketchup
14 Sloppy Joe Delmonico Potatoes Summer Vegetables Hamburger Bun Fruit Cup Milk	15 Sweet and Sour Chicken Fried Rice Japanese Vegetables Dinner Roll Fruit Cup Milk	16 Swedish Meatballs Rotini Noodles Green Beans Dinner Roll Fruit Cup Milk	17 Glazed Ham Whipped Sweet Potatoes Lyonnaise Green Beans Dinner Roll Oreo Cookie Milk	18 
21 Swiss Steak Garlic Whipped Potatoes Herbed Green Beans Dinner Roll Fruit Cup Milk	22 BBQ Rib Patty Whipped Potatoes Garden Vegetables Dinner Roll Fresh Fruit Milk	23 Hamburger Patty Baked Pinto Beans Whole Kernal Corn Hamburger Bun Fresh Fruit Milk Mustard/Ketchup	24 Smothered Chicken Mixed Beans Parslied Carrots Dinner Roll Fresh Fruit Milk	25 Meatballs/Spaghetti Sauce Penne/Tomatoes Tuscany Vegetables Dinner Roll Fudge Creme Cookie Milk
28 Sloppy Joe Glazed Carrots Green Beans Hamburger Bun Fruit Cup Milk	29 Pork Sausage Lime Beans Summer Vegetables Hot Dog Bun Fresh Fruit Milk Mustard	30 Beef/Mushroom Gravy Parslied Whipped Potatoes Spring Vegetables Dinner Roll Fresh Fruit Milk		

CONTACT US

3916 Section Street
Middleburg, FL.
32068

(904) 291 - 3520

Hours of Operations

Monday - Friday

9:00 AM till 4:30 PM

Saturday - Sunday

Office Closed



agingtrue.org/clay-county/



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OTHER LOCATIONS

Keystone Heights

125 N.E. Commercial Circle
Keystone Heights, FL. 32656
(352) 473 - 7121

Green Cove Springs

604 Walnut Street
Green Cove Springs, FL. 32043
(904) 284 - 3134

Orange Park

414 Stowe Avenue
Orange Park, FL. 32073
(904) 269 - 4731

OTHER SERVICES

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Day Health Services
- Utility Assistance (EHEAP)