





****WEAR RED EVERY FRIDAY TO HONOR THOSE WHO HAVE SERVED OUR COUNTRY****

May

ACTIVITIES

2025

Monday	Tuesday	Wednesday	Thursday	Friday
 <i>Memorial Day</i>			1 Knit/ Crochet 9:00am Mexican Train 12:00pm Chair Volleyball 2:00pm - 3:30pm	2 Card Games 9:00am - 4:30pm BINGO - cize 10:00am BINGO 12:30pm
5 Eternity Funeral Home (handout) Card Games 9:00am - 4:30pm Beg. Line Dance 9:00am Bunko 1:00pm	6 Knit/ Crochet 9:00am ElderSource TBD Spades 9:00am - 11:00am BINGO 12:30am	7 Cards Games 9:00am - 4:30pm Bible Study 10:00am BINGO 12:30pm	8 Knit/ Crochet 9:00am Mexican Train 12:00pm Chair Volleyball 2:00pm - 3:30pm	9 Card Games 9:00am - 4:30pm BINGO 12:30pm
12 Card Games 9:00am - 4:30pm Beg. Line Dance 9:00am Bunko 1:00pm	13 Knit/ Crochet 9:00am Spades 9:00am - 11:00am BINGO 12:30am	14 Cards Games 9:00am - 4:30pm Bible Study 10:00am BINGO 12:30pm	15 Knit/ Crochet 9:00am Mexican Train 12:00pm Chair Volleyball 2:00pm - 3:30pm	16 Card Games 9:00am - 4:30pm BINGO - cize 10:00am BINGO 12:30pm
19 Card Games 9:00am - 4:30pm Beg. Line Dance 9:00am Bunko 1:00pm	20 Knit/ Crochet 9:00am Spades 9:00am - 11:00am BINGO 12:30am	21 Cards Games 9:00am - 4:30pm Bible Study 10:00am Tech Help 9:30am BINGO 12:30pm	22 Knit/ Crochet 9:00am Mexican Train 12:00pm Chair Volleyball 2:00pm - 3:30pm	23 Card Games 9:00am - 4:30pm Lend An Ear Clinic 10:00am BINGO - cize 10:00am BINGO 12:30pm
	27 Knit/ Crochet 9:00am Spades 9:00am - 11:00am BINGO 12:30am	28 Cards Games 9:00am - 4:30pm Raymond Meyers TBD Bible Study 10:00am BINGO 12:30pm	29 Knit/ Crochet 9:00am Mexican Train 12:00pm Chair Volleyball 2:00pm - 3:30pm	30 Card Games 9:00am - 4:30pm BINGO 12:30pm BIRTHDAY CELEBRATION!

MANAGEMENT

Victoria Grace
Senior Center Supervisor
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Debra Moore
Senior Center Assistant
Supervisor
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CONTACT US

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facebook.com/agingtrue

Hours of Operations

Monday - Friday
9:00 AM till 4:30 PM
Saturday - Sunday
Office/Center Closed

OTHER SERVICES

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Daycare Services



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May

LUNCH

2025

Monday	Tuesday	Wednesday	Thursday	Friday
			1 CREAMY PAPRIKA CHICKEN BUTTERED RICE VEGGIES	2 TACO MEAT PINTO BEANS MEXICAN RICE FLOUR TORTILLA SHREDDED CHEESE TACO SAUCE
5 TERIYAKI MEATBALLS PARSLIED RICE GREEN PEAS	6 BBQ CHICKEN W/ BUN CORN GREAN BEANS	7 SALISBURY STEAK & GRAVY WHIPPED POTATOES CARROTS	8 GARLIC ROSEMARY CHICKEN BEANS OKRA/ TOMATOES	9 HAMBURGER PATTY W/ BUN BAKED PINTO BEANS FRUIT CRISP TOMATO, LETTUCE, KETCHUP, MUSTARD
12 SLOPPY JOE W/ BUN DELMONICO POTATOES VEGGIES	13 SWEET & SOUR CHICKEN FRIED RICE VEGGIES	14 SWEDISH MEATBALLS NOODLES GREEN BEANS	15 CHICKN TACO MEAT PINTO BEANS MEXICAN RICE FLOUR TORTILLA LETTUCE, TOMATO, CHEESE, TACO SAUCE	16 PORK SAUSAGE W/ BUN LIMA BEANS CABBAGE
19 SWISS STEAK GARLIC WHIPPED POTATOES GREEN BEANS	20 BBQ RIB PATTY WHIPPED POTATOES VEGGIES	21 HAMBURGER W/ BUN PINTO BEANS CORN KETCHUP/ MUSTARD	22 SMOTHERED CHICKEN MIXED BEANS CARROTS	23 MEATBALLS PENNE PASTA W/ TOMATOES VEGGIES
	27 PORK SAUSAGE W/ BUN KIDNEY BEANS COLLARD GREENS MUSTARD	28 BEEF/ MUSHROOM GRAVY WHIPPED POTATOES VEGGIES	29 CREAMY PAPRIKA CHICKEN BUTTERED RICE VEGGIES	30 TACO MEAT PINTO BEANS MEXICAN RICE FLOUR TORTILLA LETTUCE, TOMATO, CHEESE, TACO SAUCE

OTHER LOCATIONS

Green Cove Springs
604 Walnut Street
Green Cove Springs, FL. 32043
(904) 531 – 5026

Middleburg
3916 Section Street
Middleburg, FL. 32068
(904) 291 – 3520

Orange Park
414 Stowe Avenue
Orange Park, FL. 32073
(904) 269 – 4731

FUN FACTS OF THE MONTH:

- Memorial Day was originally called Decoration Day, a tradition of decorating the graves of fallen soldiers with flowers and flags.
- In 1971, Congress passed the Uniform Monday Holiday Act, which officially changed Memorial Day to the last Monday in May.
- On Memorial Day, Americans are encouraged to pause at 3 p.m. for a moment of silence as part of the National Moment of Remembrance.

ALL MEALS ARE SERVED WITH BREAD, MILK, AND FRUIT
LUNCHES REQUIRE A 3-DAY ADVANCE RESERVATION, PLEASE STOP IN TO SIGN UP!