

SENIOR CENTER OF

AGING TRUE
Community Support Services
Clay County

MIDDLEBURG

MAY ACTIVITY CALENDAR

Monday		Tuesday		Thursday	Friday
				1 Exercise Class- 9:15AM Karaoke 10AM Bible Study 1030am Line Dance 1pm National Day Of Prayer	2 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo- 1PM 1pm Careplus w/Rob Loreya
5 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12 Eternity Funeral Home/Crematory Handout	6 Exercise Class- 9:15AM Beg. 930 Line Dance 1030 Pokeno 1PM Arts/Crafts 1PM	7 Bingo 10AM Rummikkub 12:30PM Knit/Crochet By Appt Arts/Crafts 9am-12 930am Lion Gate Visual Screeing	8 Exercise Class- 9:15AM Karaoke 10AM Bible Study 1030am Line Dance 1pm 1130am Comcast	9 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo 1pm HAPPY MOTHER'S DAY	
12 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12 1130 Fall Prevention	13 Exercise Class- 9:15AM Beg. 9:30 Line Dance 10:30 Pokeno 1PM Arts/Crafts 1PM	14 Bingo 10AM Rummikkub 12:30PM Knit/Crochet By Appt Arts/Crafts 9am-12 10am Tech Help	15 Exercise Class- 9:15AM Bible Study- 10:30AM Line dance 1PM 10am Hair Cuts 10am Tatted Remnants Musical Band	16 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo 1pm	
19 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12	20 Exercise Class 9:15AM Beg 930 Line Dance 1030 Pokeno 1PM Arts/Crafts 1PM	21 Bingo 10AM Rummikkub 12:30PM Knit/Crochet By Appt Arts/crafts 9-12	22 Exercise Class- 9:15AM Karaoke 10AM Bible Study 1030am Line Dance 1pm 10am Movie/Popcorn	23 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo 1pm 930 Raymond Meyers Presentation	
26 <div>CLOSED</div> Happy Memorial Day	27 Exercise Class 9:15AM Beg 930 Line Dance 1030 Pokeno 1PM Arts/Crafts 1PM	28 Bingo 10AM Knit/Crochet By Appt Arts/Crafts 9am-12 1130am ElderSource Shine	Exercise Class- 9:15AM Karaoke 10AM Bible Study 1030am Line Dance 1pm 1130am Raymond Meyers Presentation	30 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo 1pm	

Special Events

National Day Of Prayer
Happy Mother's Day
Happy Memorial Day

REMINDER

Meals are served from 12:00 PM - 1:00 PM, Monday - Friday and require a 2-day advance reservation. To reserve a meal, please call or stop by your local center to sign up. Meals must be consumed on site and may contain or have been exposed to allergens such as: Dairy, Gluten, Soy, and Shellfish

MANAGEMENT

Ishtar Jorden
Senior Center Supervisor
(904) 291 - 3520
ijorden@agingtrue.org

FOR ADDITIONAL ASSISTANCE
ISHTAR JORDEN AND
HECTOR JIMENEZ
ARE AVAILABLE



OR CENTER OF AGING TRUE MIDDLEBURG
Community Senior Services
Clay County

MAY LUNCH MENU

Tuesday		Wednesday		Thursday	Friday
				1 Creamy Paprika Chicken Whipped Potatoes Green Peas Dinner Roll Fresh Fruit Milk	2 Taco Meat Pinto Beans Mexican Rice Tomato/ Lettuce Shredded Cheese Flour Tortilla Fresh Fruit Milk
5 Teriyaki Meatballs Parslied Rice Green Peas Fruit Cup Milk		6 BBQ Chicken Whole Kernel Corn Green Peas Hamburger Bun Fresh Fruit/Milk Pickle Slices	7 Sailisbury/Gravy Whipped Potatoes Sliced Carrots Wheat Bread Fruit Cup Milk	8 Garlic Rosemary Chicken Northern Beans Okra and Tomatoes Texas Bread Fresh Fruit Milk Mustard	9 Hamburger Patty Baked Pinto Beans Sliced Tomato/ Lettuce Hamburger Bun Fresh Fruit Milk Mustard/Ketchup
12 Sloppy Joe Delmonico Potatoes Summer Vegetables Hamburger Bun Fruit Cup Milk		13 Sweet and Sour Chicken Fried Rice Japanese Vegetables Dinner Roll Fruit Cup Milk	14 Swedish Meatballs Rotini Noodles Green Beans Dinner Roll Fruit Cup Milk	15 Chicken Taco Meat Pinto Beans Mexican Rice Lettuce/Tomato Shredded Cheese Flour Tortilla Fresh Fruit Milk	16 Pork Sausage Lime Beans Cabbage Hot Dog Bun Fresh Fruit Milk Mustard
19 Swiss Steak Garlic Whipped Potatoes Herbed Green Beans Dinner Roll Fruit Cup Milk		20 BBQ Rib Patty Whipped Potatoes Garden Vegetables Dinner Roll Fresh Fruit Milk	21 Hamburger Patty Baked Pinto Beans Whole Kernal Corn Hamburger Bun Fresh Fruit Milk Mustard/Ketchup	22 Smothered Chicken Mixed Beans Parslied Carrots Dinner Roll Fresh Fruit Milk	23 Meatballs/Spaghetti Sauce Penne/Tomatoes Tuscany Vegetables Dinner Roll Fudge Creme Cookie Milk
26 Closed		27 Pork Sausage Lime Beans Summer Vegetables Hot Dog Bun Fresh Fruit Milk Mustard	28 Beef/Mushroom Gravy Parslied Whipped Potatoes Spring Vegetables Dinner Roll Fresh Fruit Milk	29 Creamy Paprika Chicken Buttered Rice Garden Vegetables Wheat Bread Fresh Fruit Milk	30 Taco Meat Pinto Beans Mexican Rice Tomato/ Lettuce Shredded Cheese Flour Tortilla Fresh Fruit Milk

CONTACT US

3916 Section Street
Middleburg, FL.
32068

(904) 291 - 3520

Hours of Operations

Monday - Friday

9:00 AM till 4:30 PM

Saturday - Sunday

Office Closed



agingtrue.org/clay-county/



facebook.com/agingtrue

OTHER LOCATIONS

Keystone Heights

125 N.E. Commercial Circle
Keystone Heights, FL. 32656
(352) 473 - 7121

Green Cove Springs

604 Walnut Street
Green Cove Springs, FL. 32043
(904) 284 - 3134

Orange Park

414 Stowe Avenue
Orange Park, FL. 32073
(904) 269 - 4731

OTHER SERVICES

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Day Health Services
- Utility Assistance (EHEAP)