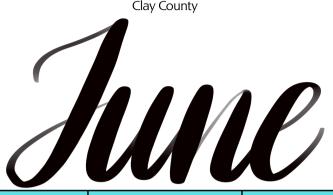
**Keystone Heights** Senior Center







# ACTIVITIES

2025

Monday	Tuesday	Wednesday	Thursday	Friday
Card Games 9:00am - 4:30pm Bunko 1:00pm ALL HAZARD PREPAREDNESS GUIDE HANDOUT	Knit/ Crochet 9:00am Spades 9:00am - 11:00am BINGO 12:30am	Cards Games 9:00am - 4:30pm Bible Study 10:00am BINGO 12:30pm	Knit/ Crochet 9:00am Mexican Train 12:00pm Chair Volleyball 2:00pm - 3:30pm	Card Games 9:00am - 4:30pm BINGO - cize 10:00am BINGO 12:30pm
Card Games 9:00am - 4:30pm Bunko 1:00pm	Knit/ Crochet 9:00am Spades 9:00am - 11:00am BINGO 12:30am	Cards Games 9:00am - 4:30pm Bible Study 10:00am  MENTAL WELLNESS 11:30AM BINGO 12:30pm	Knit/ Crochet 9:00am Mexican Train 12:00pm Chair Volleyball 2:00pm - 3:30pm	Card Games 9:00am - 4:30pm BINGO - cize 10:00am BINGO 12:30pm
Card Games 9:00am - 4:30pm Bunko 1:00pm	Knit/ Crochet 9:00am Spades 9:00am - 11:00am BINGO 12:30am	Bible Study 10:00am Tech Help 9:30am COMCAST 11:30AM BINGO 12:30pm	Knit/ Crochet 9:00am Mexican Train 12:00pm Chair Volleyball 2:00pm - 3:30pm	Card Games 9:00am - 4:30pm BINGO 12:30pm
Card Games 9:00am - 4:30pm Bunko 1:00pm	24 Knit/ Crochet 9:00am Spades 9:00am - 11:00am RAYMOND MEYERS 11:00AM BINGO 12:30am	Cards Games 9:00am - 4:30pm Bible Study 10:00am BINGO 12:30pm	Knit/ Crochet 9:00am Mexican Train 12:00pm Chair Volleyball 2:00pm - 3:30pm	Card Games 9:00am - 4:30pm BINGO 12:30pm Birthday Celebration!
Card Games 9:00am - 4:30pm Bunko 1:00pm	变变变变变变变变变变变变变变变变变变变变变	等货货货货货货货货货货货货货货货货货货货货货	安存存存存存	安安安安安安安安安安安安安安安安安安安安安安安安安安安安安安安安安安安安安安

#### MANAGEMENT

Victoria Grace

Senior Center Supervisor vgrace@agingtrue.org

Debra Moore

Senior Center Assistant Supervisor dmoore@agingtrue.org

# **CONTACT US**



352.473.7121



agingtrue.org/clay-county/



facebook.com/agingtrue



125 N.E. Commercial Circle Keystone Heights, Fl. 32656

# Hours of Operations

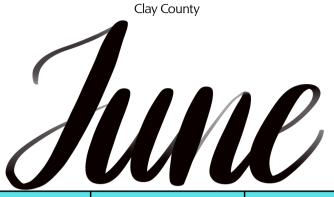
Monday - Friday 8:30 AM till 4:30 PM Saturday - Sunday Office/Center Closed

### OTHER SERVICES

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Daycare Services







LUNCH

2025

Monday	Tuesday	Wednesday	Thursday	Friday
TERIYAKI MEATBALLS PARSLIED RICE GREEN PEAS	3 BBQ CHICKEN W/ BUN CORN GREAN BEANS PICKLE SLICES	4 SALISBURY STEAK & GRAVY WHIPPED POTATOES CARROTS	5 GARLIC ROSEMARY CHICKEN BEANS OKRA/ TOMATOES	6 HAMBURGER PATTY W/ BUN BAKED PINTO BEANS FRUIT CRISP TOMATO, LETTUCE, KETCHUP MUSTARD
9 SLOPPY JOE W/ BUN DELMONICO POTATOES VEGGIES	SWEET & SOUR CHICKEN FRIED RICE VEGGIES	SWEDISH MEATBALLS NOODLES GREEN BEANS	12CHICKN TACO MEAT PINTO BEANS MEXICAN RICE FLOUR TORTILLA LETTUCE, TOMATO, CHEESE, TACO SAUCE	PORK SAUSAGE W/ BUN LIMA BEANS CABBAGE
SWISS STEAK GARLIC WHIPPED POTATOES GREEN BEANS	BBQ RIB PATTY WHIPPED POTATOES VEGGIES	HAMBURGER W/ BUN PINTO BEANS CORN KETCHUP/ MUSTARD	SMOTHERED CHICKEN MIXED BEANS CARROTS	MEATBALLS PENNE PASTA W/ TOMATOES VEGGIES
23 CHICKEN FRIED RICE DILLED CARROTS GREEN BEANS	24 PORK SAUSAGE W/ BUN KIDNEY BEANS COLLARD GREENS MUSTARD	25 BEEF/ MUSHROOM GRAVY WHIPPED POTATOES SLICED CARROTS	26 CREAMY PAPRIKA CHICKEN BUTTERED RICE VEGGIES	27 TACO MEAT PINTO BEANS MEXICAN RICE FLOUR TORTILLA LETTUCE, TOMATO, CHEESE, TACO SAUCE
TERIYAKI MEATBALLS PARSLIED RICE GREEN PEAS				

#### OTHER LOCATIONS

Green Cove Springs

604 Walnut Street Green Cove Springs, FL. 32043 (904) 531 – 5026

### Middleburg

3916 Section Street Middleburg, FL. 32068 (904) 291 - 3520 Orange Park 414 Stowe Avenue

Orange Park, FL. 32073 (904) 269 - 4731

## FUN FACTS OF THE MONTH:

- June is named after the Roman goddess <u>Juno</u>, goddess of youth and protection.
- June is the sixth month of the year.
- The birthstones for June are <u>pearls</u>, <u>alexandrites</u>, and <u>moonstones</u>.
- The birth flowers for June are roses and honeysuckle.

ALL MEALS ARE SERVED WITH BREAD, MILK, AND FRUIT