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SENIOD CENTER OF AGING TRUE Community Senior Services MIDDLEBURG Clay County JUNE ACTIVITY CALENDA

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Nonday	Resday	Wednesday	Thursd y	Frigat
2 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12 Clay Emergency Management Handout	3 Exercise Class- 9:15AM Karaoke 10AM Bible Study 1030am Line Dance 1pm	4 Bingo 10AM Rummikkub 12:30PM Knit/Crochet By Appt Arts/crafts 9-12 930am Mental Wellness	5 Exercise Class- 9:15AM Karaoke 10AM Bible Study 1030am Line Dance 1pm	6 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo- 1PM
9 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12	10 Exercise Class- 9:15AM Beg. 930 Line Dance 1030 Pokeno 1PM Arts/Crafts 1PM	Bingo 10AMRummikkub 12:30PMKnit/Crochet By ApptArts/Crafts 9am-1210:00am Tech Help	12 Exercise Class- 9:15AM Karaoke 10AM Bible Study 1030am Line Dance 1pm 10am Popcorn/Movie	13 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo 1pm HAPPY Father's Day
16 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12	17 Exercise Class- 9:15AM Beg. 9:30 Line Dance 10:30 Pokeno 1PM Arts/Crafts 1PM	18 Bingo 10AM Rummikkub 12:30PM Knit/Crochet By Appt Arts/Crafts 9am-12	19 Exercise Class- 9:15AM Bible Study- 10:30AM Line dance 1PM 10am Hair Cuts 10am Tatted Remnants Musical Band	20 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo 1pm
23 Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-12	24 Exercise Class 9:15AM Beg 930 Line Dance 1030 Pokeno 1PM Arts/Crafts 1PM	25 Bingo 10AM Rummikkub 12:30PM Knit/Crochet By Appt Arts/crafts 9-12	26 _{Exercise} Class- 9:15AM Karaoke 10AM Bible Study 1030am Line Dance 1pm 1130am Raymond Meyers Pres.	27 Rummikub- 10AM Line dance- 10:45AM Pinochle- 12:30PM Bingo 1pm
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Bingo- 10AM Rummikub- 12:30PM Arts/Crafts 9am-

HAPPY Father's

Special Évents Happy Father's Day



REMINDER

Meals are served from 12:00 PM - 1:00 PM, Monday - Friday and require a 2day advance reservation. To reserve a meal, please call or stop by your local center to sign up. Meals must be consumed on site and may contain or have been exposed to allergens such as: Dairy, Gluten, Soy, and Shellfish

MANAGEMENT

Ishtar Jorden Senior Center Supervisor (904) 291 - 3520 ijorden@agingtrue.org

> FOR ADDITIONAL ASSISTANCE **ISHTAR JORDEN AND HECTOR JIMENEZ** ARE AVAILABLE

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Monday	Tuesday	Wednesday	Thursday	Friday
² Teriyaki Meatballs Parslied Rice Green Peas Fruit Cup Milk	3 BBQ Chicken Whole Kernel Corn Green Peas Hamburger Bun Fresh Fruit/Milk Pickle Slices	4 Sailisbury/Gravy Whipped Potatoes Sliced Carrots Wheat Bread Fruit Cup Milk	5 Garlic Rosemary Chicken Northern Beans Okra and Tomatoes Texas Bread Fresh Fruit Milk Mustard	6 Hamburger Patty Baked Pinto Beans Sliced Tomato/ Lettuce Hamburger Bun Fresh Fruit Milk Mustard/Ketchup
9 Sloppy Joe Delmonico Potatoes Summer Vegetables Hamburger Bun Fruit Cup Milk	10 Sweet and Sour Chicken Fried Rice Japanese Vegetables Dinner Roll Fruit Cup Milk	11 Swedish Meatballs Rotini Noodles Green Beans Dinner Roll Fruit Cup Milk	12 Chicken Taco Meat Pinto Beans Mexican Rice Lettuce/Tomato Shredded Cheese Flour Tortilla Fresh Fruit Milk	13 Pork Sausage Lime Beans Cabbage Hot Dog Bun Fresh Fruit Milk Mustard
16 Swiss Steak Garlic Whipped Potatoes Herbed Green Beans Dinner Roll Fruit Cup Milk	17 BBQ Rib Patty Whipped Potatoes Garden Vegetables Dinner Roll Fresh Fruit Milk	18 Hamburger Patty Baked Pinto Beans Whole Kernal Corn Hamburger Bun Fresh Fruit Milk Mustard/Ketchup	Mixed Beans Parslied Carrots Dinner Roll Fresh Fruit Milk	20 Meatballs/Spaghetti Sauce Penne/Tomatoes Tuscany Vegetables Dinner Roll Fudge Creme Cookie Milk
23 Chicken Fried Rice Diled Carrots Green Beans Dinner Roll Fruit Cup Milk	24 Pork Sausage Lime Beans Cabbage Hot Dog Bun Fresh Fruit Milk Mustard	25 _{Beef/Mushroom Gravy} Parslied Whipped Potatoes Spring Vegetables Dinner Roll Fresh Fruit Milk	26 reamy Paprika Chicker Buttered Rice Garden Vegetables Wheat Bread Fresh Fruit Milk	27 Taco Meat Pinto Beans Mexican Rice Tomato/ Lettuce Shredded Cheese Flour Tortilla Fresh Fruit Milk
30 Teriyaki Meatballs Parslied Rice Green Peas Fruit Cup Milk	Tal DAY	HAPP'		
CONTACT 3916 Section Str Middleburg, Fl 32068 (904) 291 - 35 Hours of Operat Monday - Frid 9:00 AM till 4:30 Saturday - Sund Office Closed agingtrue.org/clay-cour facebook.com/agingtrue	reet Keyston 125 N.E. Keyston 20 (352) 47 ions Green Co ay 604 Wal 0 PM Green Co day (904) 2 1 Orange 414 Stow hty/ Orange	IER LOCATIO The Heights Commercial Circle e Heights, FL. 32656 73 - 7121 ove Springs Inut Street ove Springs, FL. 32043 84 - 3134 Park ve Avenue Park, FL. 32073 69 - 4731	 Meals or Case Mar Mental V Long Ter In-home Respite 0 R.E.L.I.E. Adult Day 	nagement Vellness m Care Services Care