

Keystone Heights Senior Center



****WEAR RED EVERY FRIDAY TO HONOR THOSE WHO HAVE SERVED OUR COUNTRY****

JULY

ACTIVITIES

2025

Monday	Tuesday	Wednesday	Thursday	Friday
A graphic with the text "LAND OF THE Free HOME OF THE Brave" in a stylized font, with "Free" and "Brave" in red script and "LAND OF THE HOME OF THE" in blue block letters.	1 Knit/ Crochet 9:00am Spades 9:00am - 11:00am Trevor Nelson 11:15am BINGO 12:30am	2 Cards Games 9:00am - 4:30pm Bible Study 10:00am BINGO 12:30pm	3 Knit/ Crochet 9:00am Mexican Train 12:00pm Chair Volleyball 2:00pm - 3:30pm	4 A graphic with the text "SORRY WE'RE CLOSED" in large, bold, red and blue letters, surrounded by stars and confetti.
7 Card Games 9:00am - 4:30pm Bunko 1:00pm	8 Knit/ Crochet 9:00am Spades 9:00am - 11:00am BINGO 12:30am	9 Cards Games 9:00am - 4:30pm Bible Study 10:00am BINGO 12:30pm	10 Knit/ Crochet 9:00am Mexican Train 12:00pm Chair Volleyball 2:00pm - 3:30pm	11 Card Games 9:00am - 4:30pm BINGO 12:30pm
14 Card Games 9:00am - 4:30pm Bunko 1:00pm	15 Knit/ Crochet 9:00am Spades 9:00am - 11:00am BINGO 12:30am	16 Bible Study 10:00am Tech Help 9:30am BINGO 12:30pm	17 Knit/ Crochet 9:00am Mexican Train 12:00pm Chair Volleyball 2:00pm - 3:30pm	18 Card Games 9:00am - 4:30pm BINGO 12:30pm
21 Card Games 9:00am - 4:30pm Bunko 1:00pm	22 Knit/ Crochet 9:00am Spades 9:00am - 11:00am BINGO 12:30am	23 Cards Games 9:00am - 4:30pm Bible Study 10:00am BINGO 12:30pm	24 Knit/ Crochet 9:00am Mexican Train 12:00pm Chair Volleyball 2:00pm - 3:30pm	25 Card Games 9:00am - 4:30pm BINGO 12:30pm Birthday Celebration!
28 Card Games 9:00am - 4:30pm Bunko 1:00pm	29 Knit/ Crochet 9:00am Spades 9:00am - 11:00am BINGO 12:30am	30 Cards Games 9:00am - 4:30pm Bible Study 10:00am BINGO 12:30pm	31 Knit/ Crochet 9:00am Scrapbooking TBD Mexican Train 12:00pm Chair Volleyball 2:00pm - 3:30pm	A graphic with various firework and star patterns in red, white, and blue.

MANAGEMENT

Victoria Grace
Senior Center Supervisor
vgrace@agingtrue.org
Debra Moore
Senior Center Assistant
Supervisor
dmoore@agingtrue.org

CONTACT US

352.473.7121
 agingtrue.org/clay-county/
 facebook.com/agingtrue
 125 N.E. Commercial Circle
Keystone Heights, FL.
32656

Hours of Operations

Monday - Friday
8:30 AM till 4:30 PM
Saturday - Sunday
Office/Center Closed

OTHER SERVICES

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Daycare Services

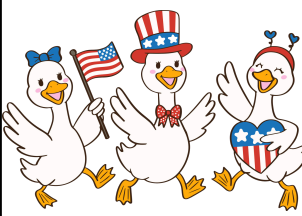


**** LUNCH IS MONDAY - FRIDAY
AT 11:00AM ****

JULY

LUNCH

2025

Monday	Tuesday	Wednesday	Thursday	Friday
	1 BBQ CHICKEN W/ BUN CORN GREEN BEANS PICKLE SLICES	2 SALISBURY STEAK & GRAVY WHIPPED POTATOES CARROTS	3 GARLIC ROSEMARY CHICKEN BEANS OKRA/ TOMATOES	4 HAMBURGER PATTY W/ BUN BAKED PINTO BEANS FRUIT CRISP TOMATO, LETTUCE, KETCHUP, MUSTARD
7 SLOPPY JOE W/ BUN DELMONICO POTATOES VEGGIES	8 SWEET & SOUR CHICKEN FRIED RICE VEGGIES	9 SWEDISH MEATBALLS NOODLES GREEN BEANS	10 CHICKN TACO MEAT PINTO BEANS MEXICAN RICE FLOUR TORTILLA LETTUCE, TOMATO, CHEESE, TACO SAUCE	11 PORK SAUSAGE W/ BUN LIMA BEANS CABBAGE
14 SWISS STEAK GARLIC WHIPPED POTATOES GREEN BEANS	15 BBQ RIB PATTY WHIPPED POTATOES VEGGIES	16 HAMBURGER W/ BUN PINTO BEANS CORN KETCHUP/ MUSTARD	17 SMOTHERED CHICKEN MIXED BEANS CARROTS	18 MEATBALLS PENNE PASTA W/ TOMATOES VEGGIES
21 CHICKEN FRIED RICE DILLED CARROTS GREEN BEANS	22 PORK SAUSAGE W/ BUN KIDNEY BEANS COLLARD GREENS MUSTARD	23 BEEF/ MUSHROOM GRAVY WHIPPED POTATOES SLICED CARROTS	24 CREAMY PAPRIKA CHICKEN BUTTERED RICE VEGGIES	25 TACO MEAT PINTO BEANS MEXICAN RICE FLOUR TORTILLA LETTUCE, TOMATO, CHEESE, TACO SAUCE
28 TERIYAKI MEATBALLS PARSLIED RICE GREEN PEAS	29 TERIYAKI MEATBALLS PARSLIED RICE GREEN PEAS	30	31	

OTHER LOCATIONS

Green Cove Springs
604 Walnut Street
Green Cove Springs, FL. 32043
(904) 531 – 5026

Middleburg
3916 Section Street
Middleburg, FL. 32068
(904) 291 – 3520

Orange Park
414 Stowe Avenue
Orange Park, FL. 32073
(904) 269 – 4731

FUN FACTS OF THE MONTH:

- June is named after the Roman goddess Juno, goddess of youth and protection.
- June is the sixth month of the year.
- The birthstones for June are pearls, alexandrites, and moonstones.
- The birth flowers for June are roses and honeysuckle.

ALL MEALS ARE SERVED WITH BREAD, MILK, AND FRUIT
LUNCHES REQUIRE A 3-DAY ADVANCE RESERVATION, PLEASE STOP IN TO SIGN UP!