



SENIOR CENTER OF GREEN COVE SPRINGS

SEPTEMBER ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
01 CLOSED - HOLIDAY 	02 Billiards All Day Arts & Crafts 9:00 AM Dominos 9:00 AM Bingocize 12:30 PM ARCHWELL HEALTH 11:30 AM	03 Billiards till Noon Bingo 10:00 AM Poker 12:30 PM SEPTEMBER HANDOUT	04 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:00 AM Line Dancing 10:00 AM Bible History 12:30 PM	05 Billiards All Day Bingo 10:00 AM Games 10:30 AM RED SHIRT FRIDAY
08 Billiards All Day Bingo 10:00 AM	09 Billiards All Day Arts & Crafts 9:00 AM Dominos 9:00 AM Bingocize 12:30 PM	10 Billiards till Noon Bingo 10:00 AM Poker 12:30 PM UNITED HEALTHCARE 11:30 AM	11 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:00 AM Line Dancing 10:00 AM Bible History 12:30 PM	12 Billiards All Day Bingo 10:00 AM Games 11:AM RED SHIRT FRIDAY
15 Billiards All Day Bingo 10:00 AM	16 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:00 AM Bingocize 12:30 PM AHEC PRESENTATION 11:00	17 Billiards till Noon Bingo 10:00 AM Poker 12:30 PM UNIVERSITY FLA. 11:30 AM	18 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:00 AM Line Dancing 10:00 AM Bible History 12:30 PM	19 Billiards All Day Bingo 10:00 AM Games 10:30AM RED SHIRT FRIDAY
22 Billiards All Day Bingo 10:00 AM	23 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:00 AM Bingocize 12:30 PM	24 Billiards till Noon Bingo 10:00 AM Poker 12:30 PM	25 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:00 AM Line Dancing 10:00 AM Bible History 12:30 PM HEALTHY AGING 11:30 AM	26 Billiards All Day Bingo 10:00 AM Games 10:30 AM RED SHIRT FRIDAY
29 Billiards All Day Bingo 10:00 AM	30 Billiards All Day Dominos 9:00 AM Arts & Crafts 9:00 AM Bingocize 12:30 PM			

TRIVIA OF THE MONTH

QUESTION:

What is the largest wetland and swamp in the United States?

ANSWER:

Atchafalaya Basin located in Lousiana.

MANAGEMENT

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BOOK CLUB IS HELD ON THE THIRD WEDNESDAY OF EVERY MONTH.
FREE HAIRCUTS ONCE PER MONTH – SEE SIGN IN SHEET FOR DETAILS

LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
01 CLOSED - HOLIDAY 	02 PORK SAUSAGE W/ BUN NORTHERN BEANS CABBAGE CONDIMENTS	03 TACO MEAT W/ TORTILLA PINTO BEANS MEXICAN RICE TOMATO/LETTUCE/CHEESE TACO SAUCE	04 CHICKEN SALAD W/ CRACKERS GREEN PEA SALAD GARBANZO BEAN SALAD	05 CHOP STEAK/GRAVY WHIPPED POTATOES SUMMER VEGETABLES
08 SWEET AND SOUR CHICKEN FRIED RICE JAPANESE VEGETABLES	09 BARBECUE RIB PATTY RED BEANS/RICE CABBAGE	10 MEATBALLS IN SAUCE PENNE W/ TOMATOES GREEN PEAS	11 SMOTHERED CHICKEN LIMA BEANS COUNTRY VEGETABLES	12 HAMBURGER W/ BUN BAKED PINTO BEANS TOMATO/LETTUCE CONDIMENTS
15 CHILI MAC WHOLE KERNEL CORN GARDEN VEGETABLES	16 CHICKEN CHOW MEIN BUTTERED RICE GREEN PEAS	17 SLOPPY JOE W/ BUN MIXED BEANS CALIFORNIA VEGETABLES	18 CHICKEN SALAD W/ CRACKERS POTATO SALAD LETTUCE/TOMATO	19 PORK SAUSAGE W/ BUN BLACKEYED PEAS GREEN BEANS CONDIMENTS
22 MEATBALLS W/ MUSHROOM GRAVY COUNTRY RANCH POTATOES ITALIAN GREEN BEANS	23 BARBECUE CHICKEN SANDWICH MACARONI AND CHEESE GREEN PEAS	24 BEEF FRITO PIE WHOLE KERNEL CORN SPANISH RICE CORN CHIPS	25 ORANGE GLAZED CHICKEN DELMONICO POTATOES CABBAGE	26 HAMBURGER W/ BUN BAKED PINTO BEANS TOMATO/LETTUCE CONDIMENTS
29 BEEF & RICE CASSEROLE HERBED GREEN BEANS GLAZED CARROTS	30 PORK SAUSAGE W/ BUN NORTHERN BEANS CABBAGE CONDIMENTS			

**LUNCHES REQUIRE A 2-DAY ADVANCE RESERVATION.
PLEASE CALL OR STOP IN TO SIGN UP!**

CONTACT US

604 Walnut Street
Green Cove Springs, FL.
32043
(904) 284 - 3134

Hours of Operations

Monday - Friday
9:00 AM till 4:30 PM
Saturday - Sunday
Office/Center Closed



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OTHER LOCATIONS

Keystone Heights

125 N.E. Commercial Circle
Keystone Heights, FL. 32656
(352) 473 - 7121

Middleburg

3916 Section Street
Middleburg, FL. 32068
(904) 291 - 3520

Orange Park

414 Stowe Avenue
Orange Park, FL. 32073
(904) 269 - 4731

OTHER SERVICES

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Daycare Services

Service Information

(904) 807 - 1225

Adult Daycare Information

(904) 531 - 5024

ALL MEALS ARE SERVED WITH BREAD, MILK, AND FRUIT