

# Keystone Heights Senior Center



**\*\*WEAR RED EVERY FRIDAY TO HONOR THOSE WHO HAVE SERVED OUR COUNTRY\*\***

# September

## ACTIVITIES

2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>CLOSED</b>	2 Knit/ Crochet 9:00am Spades 9:00am - 11:00am BINGO 12:30am	3 Cards Games 9:00am - 4:30pm Bible Study 10:00am BINGO 12:30pm	4 Knit/ Crochet 9:00am Mexican Train 12:00pm <b>Chair Volleyball</b> <b>2:00pm - 3:30pm</b>	5 Card Games 9:00am - 4:30pm <b>BINGO-CIZE</b> <b>10:00am</b> BINGO 12:30pm
8 Card Games 9:00am - 4:30pm Bunko 1:00pm	9 Knit/ Crochet 9:00am Spades <b>Archwell Presentation</b> <b>11:30am</b> 9:00am - 11:00am BINGO 12:30am	10 Cards Games 9:00am - 4:30pm Bible Study 10:00am BINGO 12:30pm	11 Knit/ Crochet 9:00am Mexican Train 12:00pm <b>Chair Volleyball</b> <b>2:00pm - 3:30pm</b>	12 Card Games 9:00am - 4:30pm BINGO 12:30pm
15 Card Games 9:00am - 4:30pm Bunko 1:00pm	16 Knit/ Crochet 9:00am Spades 9:00am - 11:00am BINGO 12:30am	17 Cards Games 9:00am - 4:30pm <b>TECH HELP</b> <b>9:30AM</b> Bible Study 10:00am BINGO 12:30pm	18 Knit/ Crochet 9:00am Mexican Train 12:00pm <b>Chair Volleyball</b> <b>2:00pm - 3:30pm</b>	19 Card Games 9:00am - 4:30pm BINGO 12:30pm
22 Card Games 9:00am - 4:30pm Bunko 1:00pm	23 Knit/ Crochet 9:00am Spades 9:00am - 11:00am <b>Healthy Aging</b> <b>11:30am</b> BINGO 12:30am	24 Bible Study 10:00am BINGO 12:30pm <b>April Kwong</b> <b>11:30am</b> <b>Early closure due to meeting</b> <b>2:00pm</b>	25 Knit/ Crochet 9:00am Mexican Train 12:00pm <b>Chair Volleyball</b> <b>2:00pm - 3:30pm</b>	26 Card Games 9:00am - 4:30pm BINGO 12:30pm <b>BIRTHDAY CELEBRATION</b>
29 Card Games 9:00am - 4:30pm Bunko 1:00pm	30 Knit/ Crochet 9:00am Spades 9:00am - 11:00am BINGO 12:30am	A festive banner for Labor Day featuring the words "LABOR DAY" in large, bold, yellow letters with a gear and a wrench icon. The banner is decorated with various tools like hammers, wrenches, and screwdrivers, along with stars and confetti.		

### MANAGEMENT

**Victoria Grace**  
Senior Center Supervisor  
vgrace@agingtrue.org  
**Debra Moore**  
Senior Center Assistant  
Supervisor  
dmoore@agingtrue.org

### CONTACT US

352.473.7121  
 [agingtrue.org/clay-county/](http://agingtrue.org/clay-county/)  
 [facebook.com/agingtrue](https://facebook.com/agingtrue)  
 125 N.E. Commercial Circle  
Keystone Heights, FL.  
32656

### Hours of Operations

**Monday - Friday**  
8:30 AM till 4:30 PM  
**Saturday - Sunday**  
Office/Center Closed

### OTHER SERVICES

- Meals on Wheels
- Case Management
- Mental Wellness
- Long Term Care
- In-home Services
- Respite Care
- R.E.L.I.E.F. Program
- Adult Daycare Services

ALL MEALS ARE SERVED WITH BREAD, MILK, AND FRUIT  
LUNCHES REQUIRE A 3-DAY ADVANCE RESERVATION, PLEASE STOP IN TO SIGN UP!



**\*\* LUNCH IS MONDAY - FRIDAY  
AT 11:00AM \*\***

# September

**LUNCH**

**2025**

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>CLOSED</b>	2 PORK SAUSAGE W/ BUN NORTHEN BEANS CABBAGE MUSTARD	3 TACO MEAT PINTO BEANS MEXICAN CORN FLOUR TORTILLA LETTUCE, TOMATO, CHEESE, TACO SAUCE	4 CHICKEN SALAD GREEN PEA SALAD GARBANZO BEAN SALAD SALTINE CRACKERS	5 CHOP STEAK/ GRAVY WHIPPED POTATOES VEGGIES
8 SWEET & SOUR CHICKEN FRIED RICE VEGGIES	9 BBQ RIB PATTY RED BEANS/ RICE CABBAGE	10 MEATBALLS/ SPAGHETTI SAUCE PENNE/ TOMATOES GREEN PEAS	11 SMOTHERED CHICKEN LEGS LIMA BEANS VEGGIES	12 HAMBURGER PATTY W/ BUN PINTO BEANS SLICED TOMATOES LETTUCE KETCHUP, MUSTARD, MAYO
15 CHILI MAC CORN VEGGIES	16 CHICKEN CHOW MEIN BUTTERED RICE GREEN PEAS	17 SLOPPY JOE MIXED BEANS VEGGIES	18 CHICKEN SALAD POTATO SALAD LETTUCE TOMATO	19 PORK SAUSAGE BLACKEYED PEAS GREEN BEANS MUSTARD
22 MEATBALLS/ MUSHROOM GRAVY COUNTRY RANCH POTATOES ITALIAN GREEN BEANS	23 BBQ CHICKEN W/ BUN MAC N CHEESE GREEN PEAS	24 BEEF FRITO PIE CORN SPANISH RICE CORN CHIPS	25 ORANGE GLAZED CHICKEN DELMONICO POTATOES CABBAGE	26 HAMBURGER PINTO BEANS LETTUCE TOMATO MUSTARD, KETCHUP, MAYO
29 BEEF AND RICE CASSEROLE GREEN BEANS GLAZED CARROTS	30 PORK SAUSAGE NORTHEN BEANS CABBAGE MUSTARD			

**OTHER LOCATIONS**  
Green Cove Springs  
604 Walnut Street  
Green Cove Springs, FL. 32043  
(904) 531 – 5026  
Middleburg  
3916 Section Street  
Middleburg, FL. 32068  
(904) 291 – 3520  
Orange Park  
414 Stowe Avenue  
Orange Park, FL. 32073  
(904) 269 – 4731

**UPCOMING ACTIVITES**  
**AT THE CENTER:**

**BOO on the Boulevard**  
**Friday Oct. 31**

**WALK AND TALK**  
**MONDAY - FRIDAY**  
**12:00PM - 12:15PM**